



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ROCK CLIMBING

SEPTEMBER–OCTOBER

REGISTER NOW AT:

seattleyymca.org/ychallenge

QUESTIONS?

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THE SKY IS THE LIMIT!

- Learn climbing techniques and put them into action on the wall
- Get a great workout while increasing your endurance, strength and flexibility
- Connect with people and share a new or long-time passion
- Choose to challenge yourself and encourage others to reach new heights

See back for more information on lessons, rentals and rates.

SCHEDULE

September–October 2019

SUNDAYS	TIMES	COST
Beginner Kids Classes (4 sessions)	10:00–11:00 am	\$60 FM / \$75 CM
Family Climbing Classes (4 sessions)	11:00 am–12:00 pm	\$80 FM / \$95 CM
Open Climb	3:30–5:30 pm	Free, FM Only

MONDAYS	TIMES	COST
Beginner Kids Classes (4 sessions)	6:00–7:00 pm	\$60 FM / \$75 CM
Family Climbing Classes (4 sessions)	7:00–8:00 pm	\$80 FM / \$95 CM

WEDNESDAYS	TIMES	COST
Open Climb	5:00–7:00 pm	Free, FM Only

SATURDAYS	TIMES	COST
Open Climb	10:00 am–12:00 pm	Free, FM Only

RENTAL OPTIONS	TIMES	COST
Sundays	1:00–3:00 pm	\$150
Saturdays	1:00–3:00 pm	\$150
Saturdays	3:30–5:30 pm	\$150



BEGINNER KIDS LESSONS – This introductory lesson is perfect for kids who want to learn climbing basics.

PARENT/CHILD LESSONS – Adults and children have the opportunity to learn and grow together.

OPEN CLIMB – Stop in for any of our Open Climb sessions throughout our climbing season. Our staff will be there to help guide the way.

RENTAL – Our Climbing Tower is available for your group to rent for any occasion. Come celebrate your birthday, graduation, retirement, or team party with us!

