FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

SEPTEMBER 2019

All Times Subject to Change

6:30am Community Partner starts on 9/11
4:15pm and 7:15 pm Community Partner starts on 9/10

MONDAY

Lap Lanes: 1 | 2 | 3 | 4 | 5 | 6

- Lap Swim — Lanes 1, 6
- Lap Swim — Lanes 2, 3, 4
- 5:30-6:30am Masters — Lanes 2, 3, 4
- 8:30-9:30am Aqua Fitness-All Levels — Lanes 1, 2, 3, 4
- Lap Swim — Lane 5
- 11:15am-12:15pm Pre-Masters — Lanes 3, 4, 5, 6
- Adult Lap (14+) — Lane 1
- 2:30-4pm Community Partner — Lanes 2, 3, 4, 5, 6
- 4-7pm *Swim Lessons — Lanes 1, 2
- Adult Lap Swim (14+) — Lane 3
- 5-7pm *Swim Lessons — Lanes 4, 5, 6
- 7-8pm Aqua Zumba — Lanes 1, 2
- 7-8pm *Swim Lessons — Lanes 4, 5, 6

TUESDAY

Lap Lanes: 1 | 2 | 3 | 4 | 5 | 6

- Lap Swim — Lanes 1, 2
- 5:30-6:30am Masters — Lanes 2, 3, 4
- Lap Swim — Lanes 3, 4, 5, 6
- 8:30-9:30am Aqua Fitness-Mixed Depth — Lanes 1, 2, 3, 4
- 11:15am-12:15pm Pre-Masters — Lanes 1, 2, 3, 4
- Adult Lap (14+) — Lane 1
- 2:30-4pm Community Partner — Lanes 2, 3, 4, 5, 6
- 4-7pm *Swim Lessons — Lanes 1, 2
- *YMCA Prog — Lane 1
- Adult Lap (14+) — Lane 2
- Adult Lap Swim (14+) — Lane 3
- 4:15-5:15pm Community Partner — Lanes 4, 5, 6
- 5:15-7pm *Swim Lessons — Lanes 4, 5, 6
- 7-8pm *Swim Lessons — Lanes 3, 4, 5, 6

WEDNESDAY

Lap Lanes: 1 | 2 | 3 | 4 | 5 | 6

- Lap Swim — Lanes 1, 2
- Lap Swim — Lanes 3, 4, 5, 6
- 6:30-8am Community Partner — Lanes 3, 4, 5, 6
- 8:30-9:30am Aqua Fitness-All Levels — Lanes 1, 2, 3, 4
- Lap Swim — Lane 5
- 11:15am-12:15pm Pre-Masters — Lanes 3, 4, 5, 6
- Adult Lap (14+) — Lane 1
- 2:30-4pm Community Partner — Lanes 2, 3, 4, 5, 6
- 4-7pm *Swim Lessons — Lanes 1, 2
- Adult Lap Swim (14+) — Lane 3
- Lap Swim — Lanes 4, 5, 6
- 5-7pm *Swim Lessons — Lanes 4, 5, 6
- Lap Swim — Lanes 1, 2
- 7-8pm *Swim Lessons — Lanes 3, 4, 5, 6

THURSDAY

Lap Lanes: 1 | 2 | 3 | 4 | 5 | 6

- Lap Swim — Lane 1
- 5:30-6:30am Masters — Lanes 2, 3, 4
- Lap Swim — Lanes 5, 6
- 8:30-9:30am Aqua Fitness-Mixed Depth — Lanes 1, 2, 3, 4
- Lap Swim — Lanes 1, 2, 3, 4, 5, 6
- 11:15am-12:15pm Pre-Masters — Lanes 1, 2, 3, 4
- Adult Lap (14+) — Lane 1
- 2:30-4pm Community Partner — Lanes 2, 3, 4, 5, 6
- 4-7pm *Swim Lessons — Lanes 1, 2
- *YMCA Prog — Lane 1
- Adult Lap (14+) — Lane 2
- Adult Lap Swim (14+) — Lane 3
- 4:15-5:15pm Community Partner — Lanes 4, 5, 6
- 5:15-7pm *Swim Lessons — Lanes 4, 5, 6
- 7-8pm *Swim Lessons — Lanes 3, 4, 5, 6

FRIDAY

Lap Lanes: 1 | 2 | 3 | 4 | 5 | 6

- Lap Swim — Lanes 1, 2
- 5:30-6:30am Masters — Lanes 2, 3, 4
- Lap Swim — Lanes 5, 6
- 8:30-9:30am Aqua Fitness-All Levels — Lanes 1, 2, 3, 4
- Lap Swim — Lanes 5, 6
- 11:15am-12:15pm Pre-Masters — Lanes 3, 4, 5, 6
- Adult Lap (14+) — Lane 1
- 2:30-4pm Community Partner — Lanes 2, 3, 4, 5, 6
- 4-7:15pm *Swim Lessons — Lanes 1, 2
- Adult Lap Swim (14+) — Lane 3
- 4-7:15pm *Swim Lessons — Lanes 4, 5, 6
- Lap Swim — Lanes 1, 2
- 7:15-8:15pm Community Partner — Lanes 3, 4, 5, 6

SATURDAY

Lap Lanes: 1 | 2 | 3 | 4 | 5 | 6

- Pool opens at 6am — Lanes 1, 2, 3, 4, 5, 6
- Lap Swim — Lanes 1, 2, 3, 4, 5, 6
- 8-12m * Swim Lessons — Lanes 1, 2
- 8-11am * Swim Lessons — Lanes 4, 5, 6
- 12-12:50pm Rec Swim — Lanes 1, 2
- 1-1:50pm Rec Swim — Lanes 1, 2
- 2-2:50pm Rec Swim — Lanes 1, 2
- 3-3:50pm Rec Swim — Lanes 1, 2
- 4-4:50pm Rec Swim — Lanes 1, 2
- 5-5:50pm Rec Swim — Lanes 1, 2
- 6-7:30pm Rec Swim — Lanes 1, 2
- Lap Swim — Lanes 3, 4, 5, 6
- Pool closes at 7:30pm — Lanes 1, 2

SUNDAY

Lap Lanes: 1 | 2 | 3 | 4 | 5 | 6

- Pool opens at 6am — Lanes 1, 2, 3, 4, 5, 6
- Lap Swim — Lanes 1, 2, 3, 4, 5, 6
- 7:45-11am * Swim Lessons — Lanes 1, 2, 3
- Lap Swim — Lanes 4, 5, 6
- 12-12:50pm Rec Swim — Lanes 1, 2, 3
- 1-2pm Rec Swim — Lanes 1, 2, 3
- Lap Swim — Lanes 1, 2, 3
- 2:30-3:20pm *Community Swim A — Lanes 1, 2, 3
- 3:30-4:20pm *Community Swim B — Lanes 1, 2, 3
- 4:30-5:20pm *Community Swim C — Lanes 1, 2, 3
- *Community Lap Swim — Lanes 4, 5, 6
- Pool closes at 5:30pm — Lanes 1, 2, 3

* Registration is required - see Member Services for information.

Update 8/26/2019]