2018 ACCELERATOR YMCA
BOARD OF MANAGERS

Alejandro Washington
THE BOEING COMPANY

Brian Olin
GOLDMAN, SACHS & CO.

Brian Saltzman
AMAZON

Brian Trinen
NORDSTROM

Christopher Wigley
AMAZON

Clara Park
VAN NESS FELDMAN

JoAnn Bowditch
FAREWALL

Jordan Tonani
MORGAN STANLEY

Josh Walker
CIGNA

Julia Reed
CITY OF SEATTLE

Krystal Brun
AMAZON

Laura Lohman
SENECA GROUP

Lydia Albert Landrey
UNITED WAY OF KING COUNTY

Mandy LeBlanc
SCHOOL-BASED HEALTH ALLIANCE

Mark Fiebig
ENTREPRENEUR

Michael Schneider
COMMONWEALTH DEVELOPMENT

Scott DePriest
CONSULTANT

Sharon Burks
KAISER PERMANENTE

Stacey Kryman
SEATTLE CHILDREN’S

LETTER FROM THE EXECUTIVE DIRECTOR

As I reflect on my first year at Accelerator Y, I find myself comparing our journey to the one many youth take as they transition into adulthood: learning from the past, choosing a path toward future success, and setting a plan for sustainable growth.

Here are a few highlights from our 2018 journey:

- We hired our first Director of Learning and Impact to analyze program outcomes and provide evidence-based recommendations for improving how we provide services. We developed a theory of change that highlights growth opportunities for our efforts in preventing homelessness, trauma, and injury, along with early intervention efforts to ensure safety and stability in times of crisis.

- We created a diversity, equity, and inclusion workgroup to set our strategy for addressing racism in our work. Throughout the year, we have steadily increased recruitment and retention of staff and board members of color and those with lived experiences that reflect the lives of our participants.

- We organized our programs into three divisions—Foster Care Services, Behavioral Health Services, and Young Adult Services—to strengthen our ability to provide quality integrated support. Our efforts have resulted in expanded mental health services for young people experiencing homelessness, and employment opportunities for young people in our housing, alumni of foster care, and violence prevention programs.

 Accelerator Y’s progress on our journey means we can accelerate more youth to be employed, educated, housed, free of criminal justice involvement, and healthy.

Thank you for your support in helping youth reach their fullest potential in spirit, mind, and body. 2018 was a great success, and we are now positioned for even more impact in 2019.

In Partnership,

Mark Putnam
EXECUTIVE DIRECTOR

LEADERSHIP TEAM

Aaron Fox
SENIOR DIRECTOR OF YOUNG ADULT SERVICES

Christina Oakes
DIRECTOR OF GRANTS & CONTRACT ADMINISTRATION

Dianne Boyd
CLINICAL DIRECTOR OF BEHAVIORAL HEALTH

Emily Meltzer
DIRECTOR OF DEVELOPMENT & COMMUNICATIONS

Kristen Brennan
SENIOR DIRECTOR OF PROGRAMS

Kris Sanborn
CLINICAL DIRECTOR OF FOSTER CARE

ManChui Leung
DIRECTOR OF LEARNING & IMPACT
We served 4,835 kids, young adults, and their families through our behavioral health, foster care, and young adult service programs.

**RACE & ETHNICITY OF PARTICIPANTS**

70% of Accelerator Y participants are people of color

- African-American .................. 40%
- White .......................... 27%
- Multiple Races ...................... 13%
- Latinx .......................... 7%
- Asian ............................. 5%
- African ............................... 2%
- Native American/Alaskan Native/Indigenous .................. 2%
- Native Hawaiian and Pacific Islander .......................... 1%
- Unknown ................................. 3%

**HOW WE SERVE**

**DIVISIONS**

- Behavioral Health Services ............ 2,219
- Foster Care Services .................. 504
- Young Adult Services .................. 2,112

**WHO WE SERVE**

- North King & Snohomish 5%
- Central 41%
- South King County 37%
- East King County 16%
- Outside of King County 1%
- Unknown 3%

We served 4,835 kids, young adults, and their families through our behavioral health, foster care, and young adult service programs.
**BY THE NUMBERS**

Our housing programs stabilize young people who have been homeless, with **80%** leaving our programs to safe and stable housing.

**155** youth and young adults were connected with paid internship or employment opportunities.

60% of participants in our violence prevention program demonstrated reduced involvement in the criminal justice system.

---

**Gina is back on track**

Gina had already bounced around between relatives when her aunt decided that she was no longer welcome to stay in her home. Facing certain homelessness, she moved into the Y’s all female-identifying transitional house in West Seattle.

During her two years with the Y, she had time to focus on what she really wanted: stability. She regularly met with her case manager to work on a monthly savings and budget plan, which allowed her to pay off her car loan and obtain car insurance. Gina also wanted to improve her mental health and developed a schedule that allowed her to attend therapy at least twice a month for anxiety and depression.

With impressive hard work, Gina saved enough money to move into her own apartment once her time in transitional housing came to an end. Thanks to the Y, Gina is now housed, managing her mental health and planning to complete her associate degree.

---

**YOUNG ADULT SERVICES**

The transition from childhood into adulthood is never easy, but it can be made almost impossible for those who don’t have the support, resources and skills they need to become independent. That’s why the Accelerator Y is here—to provide a wide array of services to help teens and young adults reach their fullest potential to become healthy and independent adults.
BY THE NUMBERS

Two out of three
children from our foster homes
transitioned into permanent, loving families and improved their mental health.

Compared to a national
average of 64%,
90% of our foster care alumni are safe and stably housed.

Jason and Tammy are reunited

Five years and three attempts later, Jason and his mother, Tammy, have been successfully reunited. A combination of poverty and homelessness layered on top of a history of addiction and domestic violence contributed to two prior failed reunifications.

The Y’s behavioral health team stepped in to help Jason and Tammy as they attempted to reunite for the third time, the last chance before Jason would be recommended for adoption by Washington State.

The team guided Tammy when she went to Jason’s school to advocate for a setting that would better support her son. They also worked with Jason and Tammy to set norms at home to improve communication and strengthen their relationship. When Tammy found a more suitable apartment for them to live in, the Y financially supported the family through the move.

Tammy and Jason participated in weekly family therapy sessions with the Y’s clinician throughout the reunification process. Thanks to support from donors like you, Tammy and Jason have been happily reunified since January 2018.

FOSTER CARE SERVICES

Kids who have been involved in the foster care system struggle more than their peers across virtually all indicators of success. Accelerator Y strives to find permanent, loving homes for youth currently in foster care and helps young adults who have aged out of foster care to successfully transition into adulthood.
Jamie found a place to heal

Jamie is a non-binary person who was rejected by their adopted family when they came out. They were sent off to school in another state and was told not to return home. Without support from their family, Jamie was desperate for money and began working in the sex industry. Their mental, physical and emotional health spiraled out of control and, in August 2017, they attempted suicide by overdoing on sleep medication.

Jamie was introduced to Accelerator Y’s crisis outreach program for young adults at a homeless shelter. Jamie had been experiencing homelessness for eight months and was feeling unsafe, suicidal, and triggered. Things were so dire that during their first visit with an outreach worker, Jamie disclosed, “I don’t want to live past 30 years old.” Jamie was invited to stay at Accelerator Y’s respite bed in Shoreline, where they could rest in a safe environment. They met with Y staff weekly to practice positive coping skills and build a plan to find permanent housing. During that time, Jamie’s perspective changed from being hopeless to hopeful. By October 2018, they moved from transitional housing into a permanent home of their own in South King County.

Thanks to Accelerator Y, Jamie’s outlook is more positive than ever, and they have reduced the number of visits to the emergency room. Jamie hopes to use their personal experience to make change for others and plans to enroll in school to pursue a degree in social work.

When life’s storms hit, kids, young adults, and families don’t have to take the journey alone. Accelerator Y helps kids build on their assets to address challenges through individualized support, ranging from short-term crisis intervention to long-term treatment.

92% of those who accessed crisis services were stabilized in their home and prevented from hospitalization.

More than 450 kids, youth, adults, families, and service providers attended mental health workshops, trainings, and panels. These events decreased stigma and built skills to help communities across King County better respond to mental health crises.
2018 FINANCIALS*

REVENUE

- Public
  - $10,282,575
- Private
  - $2,495,735
- Program Fees
  - $266,747
- Endowment
  - $124,422

**TOTAL REVENUE** $13,169,479

EXPENSES

- Personnel
  - $9,078,622
- Admin/AO Fees
  - $1,702,888
- Direct Assistance
  - $1,474,875
- Program Expenses
  - $527,455
- Facility Expenses
  - $450,244

**TOTAL EXPENSES** $13,234,084

*Financials in this report are unaudited.*
Thank you to our Community and Corporate Partners:

A Better Seattle
Amazon
American Family Insurance
Biella Foundation
Bill & Melinda Gates Foundation
Carroll Family Fund
Cigna Corporation
Community Center for Education Results
Delta Air Lines
Doris E. Snyder Foundation
Enterprise Holdings Foundation
Get Me Registered.com LLC
Gipson Foundation
Goldman, Sachs & Co.
H.D. Fowler Company
Hewlett Packard
HomeStreet Bank
Jack’s BBQ
Kaiser Permanente
Laird Norton Family Foundation
Medina Foundation
Microsoft
Molly Moon’s Homemade Ice Cream
Nintendo of America, Inc.
Nordstrom
Optimism Brewing Company
Pagliacci Pizza
Perkins Coie
Puget Sound Energy Foundation
Raikes Foundation
Richey Development
Ross Stores, Inc.
Saltchuk
SAP
Seattle Children’s
Seattle Seahawks Charitable Foundation
Service King Collision Repair
Starbucks Coffee Company
Stoup Brewing
Susan Elizabeth Foundation
Symetra
The BNSF Railway Foundation
The Ballmer Group
The Boeing Company
The Fales Foundation Trust
The Lagunitas Brewing Co.
The Seneca Real Estate Group, Inc.
Treeline Foundation
Uber Technologies Inc.
United Way of King County
Van Ness Feldman LLP
Vitalogy Foundation
Washington Federal Foundation
Wells Fargo Foundation
West Monroe Partners
Windermere Foundation
Youth Villages

Volunteers donated 25,294 hours of time to Accelerator Y, amounting to the equivalent a $624,509 financial gift.