



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LARGE GYMNASIUM

Room Schedule for JUNE 24 – SEPTEMBER 2, 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
MORNING CLASSES															
Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Pickleball - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Pickleball - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Badminton - Adult 5am-9:15am	Basketball - Adult 5am-6:30am	Closed		Closed			
Zumba 9:45am-10:45am Christina	★ YMCA Program 6:30am-12pm	Strong by Zumba 9:45am-10:15am Rachel	★ YMCA Program 6:30am-12pm	Zumba 9:45am-10:45am Jessica	★ YMCA Program 6:30am-12pm	Zumba 9:45am-10:45am Rachel	★ YMCA Program 6:30am-12pm	Zumba Gold 9:30am-10:25am Diana	★ YMCA Program 6:30am-12pm	Open Gym 6am-9:15am	Basketball - Adult 6am-9:15am	Pickleball 6am-10am	Badminton - Adult 6am-8am		
Zumba Gold 11am-11:55am Diana		Zumba 10:30am-11:30am Rachel		Core Strength 11am-11:30am Tim		Open Gym 11:45am-12pm		Basketball - Adult 11am-12pm		Strong by Zumba 10:45am-11:45am Liz	Zumba 9:30am-10:30am Christina		Open Gym 10:45am-12pm	Open Gym 10:30am-12pm	Badminton - Family 8am-11:45pm
AFTERNOON/EVENING CLASSES															
Open Gym 12pm-10pm	★ YMCA Program 12pm-6:15pm	Open Gym 12pm-10pm	★ YMCA Program 12pm-6:15pm	Open Gym 12pm-8pm	★ YMCA Program 12pm-6:15pm	Open Gym 12pm-8pm	★ YMCA Program 12pm-6:15pm	Open Gym 12pm-7:30pm	★ YMCA Program 12pm-6:15pm	Open Gym 12pm-3:30pm		Open Gym 12pm-6pm	Open Gym 12pm-6pm		
Basketball - Adult 6:30pm-10pm				Badminton - Family 6:30pm-9:30pm		Basketball - Adult 8:15pm-10pm		Basketball - Adult 7:30pm-10pm		Volleyball - Adult 8:30pm-9:30pm	Volleyball - Adult 7pm-9:30pm			Reserved for ★ Family Volleyball 7/12, 4:30pm-6pm ★ Family Basketball 8/9, 4:30pm-6pm	Open Gym 6:30pm-7:15pm
COMING THIS MONTH		MODIFIED FACILITY SCHEDULE Monday, Sep 3: Facility closed on Labor Day					NET SPORTS Badminton: see Small Gym, Large Gym, Central WA U schedules Basketball: see Small Gym, Large Gym, Central WA U schedules Pickleball: see Large Gym, Central WA U schedules Volleyball: see Large Gym, Central WA U schedules					NET SPORTS (continued) Table Tennis in Group Fitness 1 room: Monday: 3pm-5:30pm Thursday: 8:30pm-9:30pm Tuesday: 8:30pm-9:30pm Saturday: 12:30pm-7:30pm Wednesday: 3pm-4pm Sunday: 1:30pm-5:30pm			

★ YMCA PROGRAMS REQUIRE REGISTRATION. SEE MEMBER SERVICES FOR ADDITIONAL INFORMATION.