WELCOME TO CAMP ORKILA

African American Males Weekend
May 17-19, 2019
YMCA CAMP ORKILA
ARRIVAL & CHECK-IN

CHECK-IN
Check-in begins on Friday, May 17, at 4pm in Larry Norman Lodge. Camp Orkila will provide shuttle service from the Orcas Ferry Landing for all walk-on passengers aboard ferry departing Anacortes at 3:40pm. We strongly recommend that you leave your car parked in Anacortes and take advantage of this service.

If you choose to drive to camp, plan to be in Anacortes at least an hour or two before sailing. Take any ferry bound for Orcas Island. Please arrive at camp no earlier than 4pm. At camp, park in designated areas only. Use the luggage carts provided to transport luggage to your cabin.

*NOTE: It is STRONGLY encouraged that you make ferry reservations if you plan to drive to/from camp.

WALKING ONTO THE FERRY
As long as you are on the ferry departing Anacortes at 3:40pm or 6:30pm on Friday, and you have let us know, we will be at the Orcas ferry landing to pick you up.

When you hear the announcement on the ferry that the vessel is arriving at Orcas Island, proceed to the car deck right away and head to the landing end of the ferry. Be ready to walk off with your luggage as soon as the ferry docks. A luggage truck and an Orkila bus will be waiting on the ferry ramp. These vehicles can remain in place for only a short time, so please be ready to board.

ALTERNATIVE TRANSPORTATION
Driving and walking onto the ferry are just two of the options for getting to Camp. Other means include flying on Kenmore Air, 800 543 9395, or arriving by personal boat.

Kenmore Air lands in Westsound and at Rosario (float planes), or at the Eastsound Airport. Charter flights can land at Camp Orkila. For transportation from these locations to Camp, please call the taxi service on the island, 360 298 1639, 360 376 6668 or 360 376-TAXI.

If you would like to arrive by personal boat or plane, please contact Katie O’Rourke at 360 376 2678 to discuss your plans. Boats may not be tied up to the Orkila dock overnight, but a limited number of mooring buoys are available in the bay. Boaters must have their own tender to go from their boat at anchor to shore, and they should be aware that Orkila Bay can be rough in any season.

NUT-FREE CAMP
Due to the prevalence of nut allergies, we strive to make camp a nut-free zone. Please do not bring nut products or anything containing nut oil to camp. Thank you!

FRIDAY DINNER
Those who arrive in time are welcome to join us for dinner on their arrival day at 5:30pm. You must arrive on the 3:40pm ferry leaving Anacortes in order to join us in time for dinner. Participants taking one of the buses from Seattle (Mt. Zion or Matt Griffin) will arrive in time for dinner.
CHECK-OUT

Final check-out is Sunday, May 17 at 11:00am. Before departing, please sweep your cabin and empty the trash.

Staff will provide shuttle service from Camp Orkila back to the Orcas ferry landing for the ferries departing Orcas at 8:45am and 12:25pm on Sunday. If you are driving, we recommend arriving two hours early if you don’t have a reservation, and 40 minutes early if you do have a reservation.

MEALS & ACCOMMODATIONS

MEALS
All meals are served family style, with cabin groups sitting together. Meal times will be printed on the schedule you’ll receive at check-in.

SPECIAL DIETARY NEEDS
Our dining services staff work hard to provide well-balanced, healthy meals for your stay, including vegetarian options and soymilk at every meal. However, if you have any food allergies, please bring the appropriate supplements or alternatives and we can keep them in the camp kitchen. No nut products can be stored here, however. Please label them with your name and the date. The Dederer Center cabins are also equipped with refrigerators and other kitchen appliances.

For specific menu concerns, contact our Food Service Director, Kim, at 360 376 2678 ext. 132.

CABINS
Most of our main camp cabins are rustic cabins without electricity. They have wooden bunk beds and storage shelves. Bathrooms with showers and electricity are a short walk away. If you require electricity for medical reasons, please ask our registrars at about the availability of a cabin with power.

Dederer Center cabins all have heat and electricity, and at least one is wheelchair accessible. Wally Fisher Lodge and Smith Cabin have electricity and in-house restrooms, which can be helpful for families with small children. Please specify cabin preference during registration.

Typical Cabin Interior/Exterior:

Dederer Center Cabin Interior:
CAMP ACTIVITIES

There are a variety of activities at camp that each group will get a chance to do together, as well as some “open-rec” activities to choose from where program areas will be open and participants have free choice of those options. A list of activities is on the next page.

CAMPFIRE

Saturday night campfire is an opportunity to showcase your talents and humor with friends and family.

Think about what song or skit you might like to present on the stage at our waterfront campfire. There will be a chart in the lodge where you can sign up for what you would like to share, if anything. Challenge by choice!

CHALLENGE COURSE & ZIPLINE

Climb high into the trees on a rope belay, or tackle our challenge tower! Some age and/or weight restrictions may apply to some elements. Participants must wear closed-toe shoes and long pants. All participants will be outfitted with proper safety equipment, including a helmet and harness, and given a brief safety orientation by camp staff for all high-ropes elements.

Adults and children 3rd grade and older are invited to try the zipline* from the peak of our Challenge Tower. Our zipline is 1,000 feet in length. Guests with high-blood pressure or a cardiac condition are advised to consult their doctor before choosing high-challenge activities.

*Weight limit for the zipline is 285.

GIANT SWING

If you are looking for a wild ride, the giant swing is an adrenaline-packed activity. With no age or weight restrictions, this is an activity for anyone to try. With the help of your group mates, you will be hoisted up into the trees, up to 60 feet in the air if you wish, and when you pull a release cord you’ll enjoy the swing of a lifetime.

SAFETY EQUIPMENT

Many activities at Orkila require helmets and/or harnesses. All safety equipment for activities is provided for these activities.
**EXAMPLE SCHEDULE**

**MORNING**
- 7:30 - Wake-up
- 8:00 - Breakfast
- 8:45 - Free Time
- 9:30 - Activity 1
- 10:55 - Activity 2

**AFTERNOON**
- 12:30 - Lunch
- 1:45 - Activity 3
- 3:10 - Activity 4
- 4:35 - Activity 5

**EVENING**
- 6:15 - Dinner
- 7:30 - Campfire
- 9:00 - Free Time
- 10:00 - Bedtime

**ACTIVITIES : WHAT’S ON THE MENU**

**OPEN REC ACTIVITIES**
- Life in the Forest (tag)
- Archery
- Arts & Crafts
- Pottery
- Marine Center
- Beach walk
- Pond exploration
- Row-boating
- Gaga Ball
- Basketball

**GROUP ACTIVITIES**
- Challenge course
- Giant swing
- Zipline (for some)
- Initiatives (team-building)
- Workshop
- Climbing Wall

**PACKING SUGGESTIONS**

- Comfortable personal clothing (layers suggested)
- Toiletries (soap, shampoo, etc.)
- Sturdy shoes for camp trails
- Flashlight or headlamp
- Rain gear & warm layers – sweatshirt or jacket
- Water bottle
- Sleeping bag*
- Pillow
- Towel

**OPTIONAL ITEMS**
- Camera
- Book/Games

*Sleeping bags can be provided with advance notice

Rain or shine, we will have fun in the outdoors. Please come prepared for the weather.
WORKSHOP OPPORTUNITIES

LISTENING CIRCLE WITH LAW ENFORCEMENT

Join Community Police Team Officers on Saturday as we collectively engage in a dialogue to strengthen the relationship amongst police and community. The Listening Circle will be a chance to discuss opportunities and challenges communities face and how we can address them together through collective reflection. (NOTE: Workshop is only offered on Saturday)
YMCA CAMP POLICIES

ALCOHOL & TOBACCO
Camp Orkila is an alcohol-, drug-, and tobacco-free site. Adults may smoke outside Camp gates only. In order to respect the environment, please dispose of cigarette butts properly - never discarding butts on the ground or in the bushes.

HEALTH & SAFETY
Camp Orkila staff are CPR and First Aid certified and equipped with basic first aid supplies. They will assist with minor medical problems (bug bites, minor cuts, etc.). Participants are responsible for any emergency transportation.

For your safety, activity areas such as the waterfront, archery range, climbing tower, and obstacle course are open only when supervised by Camp staff. Additionally, firearms, knives, weapons of any kind, and fireworks are prohibited on Camp property.

PETS
Only professional, assistive pets are allowed at Family Camp. Please let us know if such a pet will accompany you.

CABIN UPKEEP
Participants are responsible for cleaning their cabins and other areas before departing. Any additional cleaning required, damage or graffiti, will result in additional fees.

VEHICLES
Participants may not drive beyond the Camp parking lots unless pre-arranged. Vehicles should remain on roadways, proceed slowly, and not block emergency access.

PERSONAL PROPERTY
Camp Orkila is not responsible for personal property, personal sports equipment, or vehicles.

SPORTS EQUIPMENT
Basketballs, volleyballs, soccer balls and frisbees are available for your use. Please return them to their proper storage containers when you are finished playing. Ask your host about any other equipment you would like to use. Personal gear is the responsibility of the owner.

ENVIRONMENT
Live plants, animals and sea life are an important part of the Camp environment and should not be collected or damaged in any way.

CAMP RULE ENFORCEMENT
Camp Orkila staff have the authority to enforce all Camp rules. Participants refusing to follow Camp rules will be asked to leave without refund of program fees.

INSURANCE
It is the participant’s responsibility to provide his or her own accident and health insurance. The YMCA does not provide any such coverage for participants.

Thank you for helping keep Camp Orkila a safe and enjoyable experience for everyone!
SUMMER OPPORTUNITIES
WHERE KIDS DISCOVER THEIR GIFTS

At YMCA Camps Orkila and Colman, and BOLD & GOLD trips, kids and teens explore their talents, challenge themselves and enjoy healthy activities in the great outdoors. Our skilled and caring staff guide and encourage them, modeling the values of caring, honesty, respect and responsibility.

For more than 100 years, we’ve nurtured young leaders in a fun-loving, confidence-building community. Summer goes fast, but Y lessons last!

REGISTER YOUR KIDS TODAY
camporkila.org
campcolman.org
ymcaleadership.org
P: 206 382 5009

*Personal vehicle reservations are now available: it is STRONGLY encouraged to make a reservation if you plan to drive to / from camp.

Everyone is welcome. The YMCA of Greater Seattle strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility. Financial assistance is available.