Please consult the Parent and Camper Handbooks for your camp for more information.

**KEEP IN MIND**
- Campers should be able to carry their own luggage from the bus to their cabins. Avoid over-packing.
- Please label all belongings with your camper’s name, including bedding.
- Since campers spend the majority of their time outside, please send clothing that is not expensive or new.
- All items on the clothing list are important at camp, especially the rain gear and warm layers.

**PACKING LIST**

<table>
<thead>
<tr>
<th>Suggested Items</th>
<th>Optional Items</th>
</tr>
</thead>
<tbody>
<tr>
<td>Warm sleeping bag</td>
<td>Book, playing cards, etc.</td>
</tr>
<tr>
<td>Pillow</td>
<td>Disposable camera w/name written on it</td>
</tr>
<tr>
<td>Towels &amp; washcloth</td>
<td>Sheets &amp; blankets</td>
</tr>
<tr>
<td>Toothbrush &amp; toothpaste</td>
<td>Costume item for a skit</td>
</tr>
<tr>
<td>Shampoo and soap</td>
<td></td>
</tr>
<tr>
<td>Sunscreen &amp; chapstick</td>
<td></td>
</tr>
<tr>
<td>Flashlight</td>
<td></td>
</tr>
<tr>
<td>Water bottle</td>
<td></td>
</tr>
<tr>
<td>Shorts</td>
<td></td>
</tr>
<tr>
<td>T-shirts</td>
<td></td>
</tr>
<tr>
<td>Jeans or long pants</td>
<td></td>
</tr>
<tr>
<td>Sweater or sweatshirts</td>
<td></td>
</tr>
<tr>
<td>Socks &amp; underwear</td>
<td></td>
</tr>
<tr>
<td>Night clothes</td>
<td></td>
</tr>
<tr>
<td>Warm jacket</td>
<td></td>
</tr>
<tr>
<td>Rain gear</td>
<td></td>
</tr>
<tr>
<td>Hat</td>
<td></td>
</tr>
<tr>
<td>Sandals/water shoes</td>
<td></td>
</tr>
<tr>
<td>Closed-toe shoes</td>
<td></td>
</tr>
<tr>
<td>Extra pair of shoes</td>
<td></td>
</tr>
<tr>
<td>Swimsuit &amp; beach towel</td>
<td></td>
</tr>
<tr>
<td>Self-addressed &amp; stamped envelopes</td>
<td></td>
</tr>
</tbody>
</table>

| DO NOT BRING:                           |                                                    |
| Cell Phones                             | Alcohol/drugs/tobacco products                     |
| Cash                                    | Cash                                                |
| Matches or lighters                      | Matches or lighters                                 |
| Pocket knives/weapons of any kind       | Pocket knives/weapons of any kind                  |
| Electronics, including: iPods, e-readers, radios and video recorders | Electronics, including: iPods, e-readers, radios and video recorders |
| Candy or food                           | Candy or food                                       |
| Expensive make-up or clothing           | Expensive make-up or clothing                      |
| Fireworks                               | Fireworks                                           |
| Animals                                 | Animals                                             |
| Personal sports equipment, unless specified by your program | Personal sports equipment, unless specified by your program |
| Vehicles                                | Vehicles                                            |

Prohibited items will be confiscated. Items will be returned, if appropriate, on the last day of the camp session.
Camp Orkila
ADDITIONAL ITEMS FOR SPECIALTY PROGRAMS

Horsemasters
• Shoes/boots with a heel for riding. Shoes must be closed-toe, with a 3/4-inch heel and reach the ankle or higher. For safety reasons, campers are not allowed to ride in sneakers or shoes that are inappropriate for riding (required)
• Jeans or long pants for riding (required)
• Camp Orkila will provide all campers with a riding helmet. You may bring a personal helmet if it is ASTM-SEI approved for horseback riding (model 1163 or greater)
• Riding gloves (optional)

Fishing
• Camp Orkila will provide all campers with fishing rods and tackle. You may bring a personal spinning or fly rod if you would like to (optional)
FOR LEADERSHIP DEVELOPMENT & EXPEDITION PROGRAMS

GENERAL PACKING LIST
All participants are responsible for bringing the items on the following list with them to camp. Please check with your teen that every item is actually going into their pack before leaving home. Please take note of additional items necessary for your specific programs (see pages 12–14). The quality of equipment can have an enormous impact on the health and happiness of participants. When selecting equipment, size and weight can be important. LDIs should adjust according to the length of their session.

Since your teen will be carrying his/her own equipment as well as a portion of the group’s food and gear, choose personal gear that is lightweight, warm and easily packed. Cotton provides little insulation when wet, holds water, and dries slowly. Synthetics and wool are warmer and more comfortable and highly recommended. Pack all items in a duffel bag or backpack.

A quality sleeping bag is extremely important for comfort on trips. A nylon-shelled synthetic or down filled sleeping bag, with a stuff sack, is important. Small, warm, lightweight bags are essential because teens will carry their bags for the duration of the trip. Do not bring cotton sleeping bags. They tend to be bulky, and once wet, tend to stay wet.

**Required Items**
- 1 pair of comfortable shoes (such as tennis shoes) to wear at camp sites
- Baselayer: 1 pair of long underwear, top and bottom, (wool, silk, capilene or polypropylene)
- Midlayer: 1 pair of long pants (non-cotton, synthetic, quick-drying)
- Midlayer: 1 long-sleeved synthetic or wool top
- Top layer: 1 warm sweater or jacket (wool or synthetic)
- Rain jacket and rain pants (no ponchos)
- 4 pairs of socks (wool or synthetic preferred)
- Underwear (one pair for each day of program)
- 1 pair of long pants
- 2 pair of shorts
- 4 T-shirts
- 1 swimsuit
- 1 brimmed hat
- 1 warm hat
- 1 pair of warm, lightweight gloves
- Personal toiletries (in small containers)
- 1 towel
- Sunscreen
- Sunglasses with a retainer strap
- Flashlight or head lamp (head lamp preferred)
- Personal water bottle
- Watch
- Journal
- Sleeping pad (foam or thermarest)
- Sleeping bag (easily compactible, synthetic bag is preferred)
- Lunch for ferry on arrival day

**Optional Items**
- Camera (labeled with camper’s name)
- Windbreaker
- Insect Repellent
- Books, cards, journals
Camp Orkila

DO NOT BRING:
- Cell phones/pagers/electronic devices
- iPods/MP3 players/radios
- E-Readers/handheld gaming devices
- Alcohol/drugs/tobacco products (including e-cigarettes)
- Matches/lighters
- Weapons
- Vehicles
- Candy/food
- Expensive clothing or make-up
- Animals
- Personal sports equipment (unless specified for your program)
- Fireworks

CAMP PROVIDES
Camp Orkila provides group camping equipment including tarps, stoves, and utensils.

ADDITIONAL ITEMS BY PROGRAM

ALL BIking TRIPS:

Bike Fitting
The key to a successful bike trip is a well-maintained, properly-fitted bicycle. Please ensure that the bike is tuned-up and ready for the trip. Frame size, handlebar positions, and the seat should all be set to your height and a comfortable riding position. A bike shop can help you ensure that the bicycle is ready for multiple days of riding. Tell the bike shop that you will be going on a multiple-day road biking tour and carrying panniers.

Equipment
Camp provides stoves, tarps, and cooking and eating utensils. Teens are responsible for providing the required items below. Please pack the following items:

- Items on the General Packing List (page 10 of handbook)
- Sturdy road or mountain bike (required)
- Properly fitting bike helmet (we do not allow any participants to ride without a helmet)
- Bike gloves (strongly recommended)
- Patch kit and inner tube
- Basic tool kit (suggested kit should include Allen wrenches that fit your bike (2–8 mm), Phillips screwdriver, proper wrenches, tire levers, chain lube and a rag)
- Small duffel bag
- Two bike bottles in place of personal water bottle
- Water bottle cage-mounted on the bike (Camelback type bottles are acceptable)
- 1 pair of shoes for biking
- 1 pair of biking shorts is recommended. Shorts just above the knee are acceptable.
- Toe cages — recommended
Camp Orkila
• Pannier rack. This rack will support your panniers for the entire trip. Quality is key.
• Panniers. Rear panniers that are at least 2,100 cubic inches will provide ample space for the trip. All personal and group equipment must be carried on the bikes. Weight and size of equipment are extremely important. This is especially true for sleeping bags and pads.
• 2–6 tie-down straps (for items placed on top of rack)
• Tire pump, frame-mounted — suggested

SAN JUAN BIKING
Laundry: No
Shower availability: Available only when on-site at Camp Orkila
Swim Check: No

SAN JUAN BIKING
Laundry: No
Shower availability: Available only when on-site at Camp Orkila
Swim Check: No

ALL KAYAKING TRIPS:
Equipment
Camp provides kayaks, tarps, stoves, cooking and eating utensils, and dry bags. Please pack the following items:
• Items on General Packing List (see page 10 of handbook)
• 1 pair of shoes to be worn in the water (canvas shoes, sandals, aqua socks) - NO FLIP FLOPS!

SAN JUAN KAYAKING
Laundry: No
Shower availability: Available only when on-site at Camp Orkila
Swim Check: Yes
Wet Exit Drill: Yes

SAN JUAN KAYAKING 2.0
Laundry: No
Shower Availability: Available only when on-site at Camp Orkila
Swim Check: Yes
Wet Exit Drill: Yes

ISLANDERS
Laundry: No
Shower Availability: Available only when on-site at Camp Orkila
Swim Check: Yes
Wet Exit Drill: Yes
Camp Orkila

ALL SAILING TRIPS:
Equipment
Camp provides sailboats, tarps, stoves, and cooking utensils. Please pack the following items:

• Items on the General Packing List (see page 10)
• 1 pair of shoes to be worn in the water (canvas shoes, sandals, aqua socks).
• 1 small day pack
• Windbreaker (highly recommended)

SAN JUAN SAILING
Laundry: No
Shower Availability: Available only when on-site at Camp Orkila
Swim Check: Yes

MARINERS
Laundry: No
Shower Availability: Available only when on-site at Camp Orkila
Swim Check: Yes

Leadership Development Institute (LDI) – includes 5-day biking, kayaking, or sailing trip:
Laundry: None
Shower Availability: Available only when on-site at Camp Orkila
Swim Check: Yes
Wet Exit Drill: Yes (Kayakers only)

Leadership Development Institute 2.0 (LDI 2.0) – includes 7-day kayaking trip:
Laundry: Once while at Camp
Shower Availability: Available only when on-site at Camp Orkila
Swim Check: Yes
Wet Exit Drill: Yes