



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

MAY 1 - JUNE 16, 2019

All Times Subject to Change
Sunday, May 19: Pool closed after 3:30 pm.
Monday, May 27: Facility closed on Memorial Day.
June 17-23: Facility closed for Facility Improvement Week.

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY																								
	Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes																														
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6																			
5am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						5am																		
6am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						6am												
7am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						7am												
8am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						8am												
9am	8:30-9:30am Aqua Fitness-All Levels						8:30-9:30am Aqua Fitness-Mixed Depth						8:30-9:30am Aqua Fitness-All Levels						8:30-9:30am Aqua Fitness-Mixed Depth						8:30-9:30am Aqua Fitness-All Levels						8-12pm *YMCA Program Swim Lessons						8-11am *YMCA Program Swim Lessons						7:45-11am *YMCA Program Swim Lessons						9am												
10am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						10am						
11am	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						11am						
12pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						12pm						
1pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						1pm						
2pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						2pm						
3pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						3pm						
4pm	4-7pm *YMCA Program Swim Lessons						4-7pm *YMCA Program Swim Lessons						4-7pm *YMCA Program Swim Lessons						4-7pm *YMCA Program Swim Lessons						4-7:15pm *YMCA Program Swim Lessons						4-7:15pm *YMCA Program Swim Lessons						4-7:15pm *YMCA Program Swim Lessons						4-7:15pm *YMCA Program Swim Lessons						4pm												
5pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						5pm						
6pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						6pm						
7pm	7-8pm Aqua Zumba						7-8pm *YMCA Program						7-8pm Aqua Fitness (All Levels)						7-8pm *YMCA Program						7-8pm *YMCA Program						7-8pm *YMCA Program						7-8pm *YMCA Program						7-8pm *YMCA Program						7-8pm *YMCA Program						7pm						
8pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						8pm
9pm	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						9pm

* Registration is required - see Member Services for information.