



GYMNASIUM/SPORTS SCHEDULE

Downtown Seattle YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00am-7:00am Open Gym	5:00am-7:00am Open Gym	5:00am-7:00am Open Gym	5:00am-7:00am Open Gym	5:00am-7:00am Open Gym	
7:00am-8:30am Adult Pickup Basketball	7:00am-8:30am Adult Pickup Basketball	7:00am-8:30am Adult Pickup Basketball	7:00am-8:30am Adult Pickup Basketball	7:00am-8:30am Adult Pickup Basketball	7:00am-5:00pm Open Gym
8:30am-12:00pm Open Gym	8:30am-12:00pm Open Gym	8:30am-12:00pm Open Gym	8:30am-12:00pm Open Gym	8:30am-12:00pm Open Gym	
12:00pm-1:30pm Adult Pickup Basketball	12:00pm-1:30pm Adult Pickup Basketball	12:00pm-1:30pm Adult Pickup Basketball	12:00pm-1:30pm Adult Pickup Basketball	12:00pm-1:30pm Adult Pickup Basketball	
1:30pm-5:00pm Open Gym	1:30pm-5:30pm Open Gym	1:30pm-9:00pm Open Gym	1:30pm-9:00pm Open Gym	1:30pm-9:00pm Open Gym	
5:00pm-7:30pm Open Volleyball	5:30pm-6:30pm Open Badminton	Open Table Tennis 5:00pm-7:00pm (outside of basketball court)			
7:30pm-9:00pm Open Gym	6:30pm-9:00pm Open Gym	1:30pm-9:00pm Open Gym			

Adult Pickup Basketball



Monday-Friday
7:00am-8:30am
12:00pm-1:30pm

Open Volleyball



Mondays
5:00pm-7:30pm

Open Badminton



Tuesdays
5:30pm-6:30pm

Open Table Tennis



Wednesdays
5:00pm-7:00pm
(outside of basketball court)