



**FOR YOUTH DEVELOPMENT®**  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# KIDS CORNER & ADVENTURE ZONE

## POLICIES, TIPS & HOURS

We are excited to welcome you to the Northshore YMCA! This sheet highlights some of our policies and explains some helpful tips, as well as indicates the hours and ages for each room. Included in your membership is the added value of being able to use our drop in childcare rooms for up to 2 hours at a time. We have wonderful and caring staff who are CPR and First Aid certified, and have had extensive Child Abuse Prevention training.

We have quality programming with activities for your child's enrichment as they are in our care. Craft time in our Adventure Zone takes place from 9:00-11:00 am, Monday-Friday along with reading time and singing time during other operational hours. There are scheduled activities for our older kids to choose from during the summer. Our rooms are a safe and fun environment for your children. We look forward to building a strong relationship with your family!

## POLICIES

- 1. Sign your child in and out for each visit.**  
The person who signs your child in must also be the person to sign them out, unless staff are notified and the name of the person picking up is noted on the sign in sheet. The wristband you receive upon arrival must be presented to pick your child up.
- 2. Parents and guardians must remain in the facility.**  
It is important that staff are able to locate you within the facility in the case of an emergency.
- 3. Care per session - 2 hour max.**  
Please be mindful of the length of your workouts or time away from your children.
- 4. Please do not check in your child if they are ill.**  
If your child is exhibiting signs of illness, please keep them at home until you are able to confirm that they are not contagious. If your child appears to be ill, staff will page you to pick them up.
- 5. Water is ok. Food is not permitted in the childcare rooms.**  
To help us protect our participants with food allergies, we ask that food not be brought into the Kids Corner or Adventure Zone.
- 6. Staff cannot babysit for members**  
We appreciate the relationships formed between staff and families. However, YMCA staff are not allowed to babysit YMCA children outside of YMCA programs.
- 7. Socks are required.**  
This is to keep our floors as clean as possible.
- 8. Staff only to open the door/gate.**  
This is to ensure the safety of the children in our care.
- 9. Soiled diapers can be changed**  
If parents/guardians would like staff to change a possible soiled diaper, please bring extra diapers and wipes.
- 10. Please follow age guidelines on schedule.**  
Ages may be verified and children will be moved, for the safety of all children, to the age appropriate room. Kids Passes indicate who is able to use our childcare as part of their membership.
- 11. In Case of Emergency (fire, earthquake)**  
Your children will be counted, name checked and moved with staff to east parking lot via the safest emergency exit for the situation. Please know that we will happily accept your help in emergencies and will be able to release your children to you once all children are accounted for.

## TIPS

- **Transition tips for younger and new children:** When starting as new members or if there is a younger toddler that needs some assistance in transitioning to a new environment with new people, we suggest that families start with consistency and short times.
  - Try to come as often as your schedule allows and plan to leave your child 15-20 minutes at first, and then pick them up. They will relax more each time knowing that their parent/guardian really do come pick them up and they will get to know the YMCA staff. It is best to bring your unsure child at a slower, quieter time of the day.
  - Extend the time and try just checking in with the staff at the 20 minute mark. The staff will work with families to help this go as smoothly as possible.
  - If the child has a "lovey" - a blanket, pacifier or stuffed animal to be of comfort, we encourage you to bring it.
  - If more adjustments are still needed, we can invite the parent/guardian to come play with the child. However, parents/guardians may not interact with other member's children unless cleared through our volunteer process.
- **Peak hours in the Kids Corner / Adventure Zone are Monday-Friday, 9:00-11:00 am and 6:00-7:15 pm.** There may be a wait; staff will call your child's name when there is space available. Adventure Zone participants should wait in the lobby until their Wait List number is called.
- **Here's a helpful tip:** 3 & 4 year old children, who love playing in the Adventure Zone during our morning hours, can play with Mom or Dad before or after their workout in the afternoon and evenings. This is available to parents only if the AZ is having a slower traffic time period, parents stay with the child at all times, and child and parent refrain from using the structure. Safety is our number one focus and this ensures safety for all of our children. Please remember no cell phones please.

### Room Leads

Adventure Zone: Cheryl Hueter

# FAMILY WING HOURS & SCHEDULE

Kids Passes required, (unless Youth Center ages 10-16 years) and are available at Member Services when checking in. Ages may be verified and children will be moved, for the safety of all children, to the age appropriate room.

## SUMMER MONTHS & NON-SCHOOL DAYS

### MONDAY - FRIDAY

#### 8:00 AM-NOON

Kids Corner: 4 weeks - 2 years  
Adventure Zone: 3 years - 6 years  
Tween drop in (YC) (Y Games): 7 years - 12 years

#### NOON-8:30 PM

Kids Corner: 4 weeks - 4 years  
Adventure Zone: 5 years - 9 years

#### 5:00 -8:30 PM

Youth Center: 10 years-16 years

### SATURDAY

#### 7:45 AM-NOON

Kids Corner: 4 weeks - 2 years  
Adventure Zone: 3 years - 6 years  
Tween drop in (YC) 7 years - 12 years

#### NOON-5:00 PM

Kids Corner: 4 weeks - 4 years  
Adventure Zone: 5 years - 9 years

#### 1:00 PM -5:00 PM

Youth Center: 10 years-16 years

### SUNDAY

#### 9:00 AM -1:00 PM

Kids Corner: 4 weeks - 4 years  
Adventure Zone: 5 years - 9 years

## SCHOOL MONTHS

### MONDAY - FRIDAY

#### 8:00 AM - 1:30 PM

Kids Corner: 4 weeks - 2 years  
Adventure Zone: 3 Years - 7 years

#### 1:30 - 8:30 PM

Kids Corner: 4 weeks - 4 years  
Adventure Zone: 5 Years - 9 years

#### 5:00 - 8:30 PM

#### (Friday 5:00 - 8:00 PM)

Youth Center: 10 years-17 years

### SATURDAY

#### 7:45 AM - NOON

Kids Corner: 4 weeks - 2 years  
Adventure Zone: 3 years - 6 years  
Tween drop in (YC): 7 years - 12 years

#### NOON - 5:00 PM

Kids Corner: 4 weeks - 4 years  
Adventure Zone: 5 years - 9 years

#### 1:00 - 5:00 PM

Youth Center: 10 years-16 years

### SUNDAY

#### 9:00 AM -1:00 PM

Kids Corner: 4 weeks - 4 years  
Adventure Zone: 5 years - 9 years