



# ALUMNI OF FOSTER CARE CASE MANAGEMENT ACCELERATOR YMCA

Case Management is the glue that binds our services together. The Accelerator YMCA offers one-on-one support to young people as they transition to adulthood, especially to those who are aging out of foster care. Our highly trained case managers, known at the YMCA as “Resource Specialists” help young people navigate down the path as they work toward goals of housing, education, employment or other long-term goals of stability.

## SPECIALIZED CASE MANAGEMENT PROGRAMS



### YV LIFESET

YV LifeSet is run in partnership with Youth Villages and provides intensive case management that supports youth as they transition out of foster care. Our knowledgeable case managers maintain small caseloads and work alongside participants each week as they set goals, learn to understand the drivers of their choices, and achieve stability.



### INDEPENDENT LIVING PROGRAM

The Independent Living Program supports youth in the foster care system as they transition into adulthood. Participants work with a Resource Specialist to help them find and maintain stable housing, build healthy relationships, secure steady employment, attain education credentials, and build life skills.



When Charles enrolled in YV LifeSet, he was homeless, unemployed, and not attending school. Since being in the program, Charles has moved into his

own apartment, is employed full-time, and has re-enrolled in school. After seeing how much of a difference his case managers have made in his life, his goal is to become a social worker.



94% of program participants were stably housed as a result of receiving case management support.



YV LifeSet participants demonstrated a 26% increase overall in High School Diploma/GED attainment