



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA GYM AT CENTRAL WASHINGTON UNIVERSITY

Room Schedule for MAY 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------------------------------------|---|---------------------------------------|---|--------|---|--------|
| Closed | Closed | Closed | AOA Chair Yoga 1pm-1:45pm Elaine | Closed | YMCA Program** Pre-School Skills & Drills Basketball (Ages 3-4) 9am-9:30am Youth Skills & Drills Basketball (Ages 7-8) 9:45am-10:45am | Closed |
| | | | AOA Yoga for Healthy Back 2pm-2:45pm Elaine | | | |
| | YMCA Program** Youth Skills & Drills Basketball (Ages 9-11) 5pm- 6pm Teen Skills & Drills (Ages 12-14) 6:15pm- 7:15pm | | YMCA Program** Youth Skills & Drills Basketball (Ages 5-6) 5pm- 6pm (Ages 9-11) 6:15pm-7:15pm | | | |
| Adult Volleyball (16+) 7:45pm-10pm | Adult Badminton (16+) 7:30pm-10pm | Adult Pickleball (16+) 7:45pm-10pm | Adult Badminton (16+) 7:30pm-10pm | | | |

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| COMING THIS MONTH | MODIFIED FACILITY SCHEDULE Monday, May 28 - Facility closed for Memorial Day | YOUTH SKILLS & DRILLS BASKETBALL Ages 5-6: Thursdays, April 19-May 10, 5-6pm Thursdays, May 17- Jun 14, 5-6pm Ages 7-8: Saturdays, April 14-May 5, 9:45am-10:45am Saturdays, May 19-Jun 16, 9:45am-10:45am Ages 9-11: Tuesdays, April 17-May 8, 5-6pm Thursdays, April 19-May 10, 6:15-7:15pm Tuesdays, May 22-Jun 12, 5-6pm Thursday, May 17-Jun 14, 6:15-7:15pm | | PRESCHOOL SKILLS & DRILLS BASKETBALL Saturdays, April 14-May 5, 9am-9:30am Saturdays, May 19-Jun 16, 9am-9:30am TEEN SKILLS & DRILLS Tuesdays, April 17-May 8, 6:15-7:15pm Tuesdays, May 22-Jun 12, , 6:15-7:15pm |
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**YMCA PROGRAMS REQUIRE REGISTRATION. SEE MEMBER SERVICES FOR ADDITIONAL INFORMATION.