The YMCA of Greater Seattle has a vision that one day, all kids, families, adults, and seniors in the Greater Seattle Area will have equitable opportunities to improve their health and well-being and reach their full potential. Together, alongside our neighbors at 13 branches, two overnight camps, and hundreds of program sites across King and South Snohomish County, we’re tackling our community’s most urgent needs—giving people hope for a better future, and the means to achieve it.

US... IS POSSIBILITIES

Before Triny joined the Y’s Community Learning Center program at her school, she was introverted, unmotivated to do well at school, and lonely. But after two years in the program, Triny is a whole new person.

Her grades are so improved she no longer needs remedial math and reading classes, she’s thinking about college, and she’s made new friends with the encouragement and support of other students and program staff.

“Thank you for having this program. It has opened my daughter’s eyes to a whole new world of possibilities.”

The Y: For a better us.

To learn more about giving to the Y, contact:

COAL CREEK FAMILY Y
425 383 1511
give.seattleymca.org

OUR FOCUS

Developing Confident, Resilient Youth
All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. Your support gives 142,000 kids every year opportunities to learn and grow, developing into thriving adults through academic enrichment programs, leadership opportunities, child care, camp programs, and more.

Enhancing People’s Health & Building Community
The Y is where community happens. People of all ages and stages of life come together at the Y to laugh, learn, exercise, and collectively strengthen their community. Your support gives opportunities for improved health and well-being through fitness and chronic disease prevention programs for 100,000 adults, families, and seniors from all walks of life. And we continue to build relationships and strengthen community bonds with 800 newcomer immigrants through community partnerships, cultural celebrations, and English language learner programs.

Caring for Those Who Need Us Most
We take on the most urgent needs in our community and keep our doors open to all. Your support provides financial assistance to transformative programs for 31,700 people; access to violence prevention, mental health, and substance abuse counseling for 4,700 youth and families experiencing trauma; education, employment, and life skills for 4,300 young adults; housing for 280 homeless young adults; and 190,000 meals and snacks to hungry families and kids. Because when basic needs are met, everyone has a better chance to reach their full potential and our community grows stronger.

We can’t do it alone.
Donate for a better us.
The Coal Creek Family Y continues to work to meet Newcastle’s most urgent needs. Because when we all have opportunities to improve our health and reach our full potential, our entire community thrives.

Coal Creek Family YMCA
2018 Goal: $250,000

**Developing Confident, Resilient Youth**
- **PlayEVERYDAY Program:** $25,000 gives more than 500 elementary school students opportunities to learn healthy lifestyle choices and practice social skills through playground basics—all while modeling good sportsmanship and enthusiasm for fun.
- **Teen Programs:** $20,000 gives teens a safe place to go after school, with education enrichment programs, leadership opportunities, and service projects to build tomorrow’s leaders, alongside positive mentors.
- **Water Safety Programs:** $40,000 teaches swimmers how to feel comfortable in water—developing a lifelong skill while building confidence and self-esteem, without worry of the cost of lessons.

**Enhancing People’s Health & Building Community**
- **Chronic Disease Prevention Programs:** $56,000 provides nutrition classes, active play, and support programs for children, families, and adults at risk of chronic diseases like diabetes and obesity in a fun environment at the Y.

**Caring for Those Who Need Us Most**
- **Backpack Meals:** $8,000 provides free, easy-to-make meals each Friday to homeless elementary students and their families so they have food to eat over the weekend. Backpacks are also provided free to students who need them when they join the program.
- **Financial Assistance:** $79,000 helps kids, adults, and families improve their health and well-being through Y programs like camp, youth sports, and wellness classes, regardless of their financial situation.

We can’t do it alone.
**Donate for a better us.**
Every dollar donated to the Coal Creek Family Y has a lasting impact on the people of Newcastle. Donate today for a better us.

The Y." For a better us.
To learn more about giving to the Y, contact:

**COAL CREEK FAMILY YMCA**
425 282 1500
give.seattlemca.org