



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LARGE GYMNASIUM

Room Schedule for JANUARY 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
MORNING CLASSES													
Adult Badminton (16+) 5-9:15am	Adult Basketball (16+) 5-9:30am	Adult Pickleball (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am	Adult Badminton (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am	Adult Pickleball (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am	Adult Badminton (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am	Closed			
			Open Gym (All Ages) 6:45-9:00am				Open Gym (All Ages) 6:45-9:30am		Adult Badminton (16+) 7-9:15am	Open Gym (All Ages) 7-9:15am	Adult Basketball (16+) 7-9:15am		
Zumba 9:45-10:45am Christina		Open Gym (All Ages) 9:30-10:15am	Turbo Kick 9:30-10:20am Jana	Zumba 9:45-10:45am Jessica		Zumba 9:45-10:45am Rachel			Zumba Gold 9:30-10:25am Diana	Zumba 9:30-10:30am Christina		Badminton (All Ages) 7:30-12:30pm	Pickleball (All Ages) 7:30-12:30pm
Open Gym (All Ages) 11-12pm	Zumba Gold 11-11:55am Diana	Zumba 10:30-11:30am Rachel		Open Gym (All Ages) 10:45-12pm	Core Strength 10:45-11:15am Tim	Adult Basketball (16+) 11-12pm	Open Gym (All Ages) 11-12pm	Open Gym (All Ages) 9:30-12pm	Open Gym (All Ages) 10:30-12pm	Open Gym (All Ages) 10:45-12pm	Open Gym (All Ages) 10:45-12pm		
AFTERNOON/EVENING CLASSES													
Open Gym (All Ages) 12-6pm	Open Gym 12-4:00pm	Open Gym (All Ages) 12-6pm	Open Gym (All Ages) 12-5:45pm	Open Gym (All Ages) 12-7:15pm	Open Gym (All Ages) 12-4:15pm				Open Gym (All Ages) 12-2:30pm	Open Gym (All Ages) 12-3:30pm	Open Gym (All Ages) 12-3:30pm	Open Gym (All Ages) 1-6pm	Open Gym (All Ages) 1:30-6pm
	YMCA Program** 4-5pm				YMCA Program** 4:30-6pm		Open Gym (All Ages) 12-6:30pm		Reserved for YMCA program on 1/5 1-2pm 1/12 1-1:30pm		Badminton (All Ages) 4-5:45pm	Badminton (All Ages) 4-5:45pm	
Adult Basketball (16+) 6:15-10pm	Teen Basketball (14+) 5:15-10pm	Badminton (All Ages) 6:15-9:30pm	YMCA Program** 6-7pm			Open Gym (All Ages) 12-10pm		Open Gym (All Ages) 12-10pm		Open Gym (Teen 11-16) 2:30-10pm	Adult Badminton (16+) 6-7:30pm	Volleyball (All Ages) 6-7:30pm	
			Teen Basketball (14+) 7:15-10pm	Adult Basketball (16+) 7:30-10pm	Adult Basketball (16+) 6:15-10pm		Adult Volleyball (16+) 7-9:30pm				Closed		

COMING THIS MONTH

MODIFIED FACILITY SCHEDULE
Monday Jan 1- Facility Closed
Monday Jan 15- Facility Closed

FAMILY FUN NIGHT - CABIN FEVER
Friday Jan 19, 6:30pm -8:30pm
Cure cabin fever this winter with a night at the Y including inflatables and a giant indoor snowball fight!

ADULT SNOWSHOE
Saturday Jan 27, 7:30am-3pm
Come and enjoy the snow in the beautiful Cascades this winter! We provide snowshoes, transportation and staff to guide you on your adventure into the mountains.