

MEDIA ALERT

YMCA OF GREATER SEATTLE TO HOST “LEVEL UP!” LIFE SKILLS SUMMIT FOR 200 SEATTLE-AREA YOUNG ADULTS ON AUGUST 22-23

Event at Benaroya Hall to include keynote addresses from executives with presenting partners Delta Air Lines and Seahawks

SEATTLE, Aug. 18, 2017 – The YMCA of Greater Seattle will host a two-day exploration of life skills for 200 young adults ages 17-25 on August 22 and 23 at Benaroya Hall, home of the Seattle Symphony. “Level Up!” workshops aim to build successful young leaders and empower them to “Crush Adulthood.”

In partnership with Delta Air Lines and the Seattle Seahawks, the sessions will be led by professionals across a myriad of business sectors, including business, banking, technology, law, non-profit and human resources.

John Caldwell, Delta Vice President – Seattle, and Chuck Arnold, Chief Operating Officer of the Seattle Seahawks will serve as keynote speakers at the interactive and engaging conference. A resource fair will also be available to make participants aware of the range of community services available in the greater Seattle area – in an effort to help them “Crush Adulthood.”

The YMCA of Greater Seattle serves 10,000 young people and their families each year through holistic social services including housing, education, employment, mental health and violence prevention programs. This conference is an annual event that takes place before the school year begins to prepare young people for the year ahead, and for their transition into adulthood.

*****GREAT PHOTO/VIDEO OPPORTUNITY*****

WHO: YMCA of Greater Seattle
Delta Air Lines Leaders
Seattle Seahawks Executives
200 young adults

WHAT: “Level Up!” workshop series to “Crush Adulthood”

WHEN: Tuesday, August 22, 2017
11:30am PT – 4:30pm PT

Wednesday, August 23, 2017
11:30am PT – 4:30pm PT

WHERE: Benaroya Hall
200 University St
Seattle, WA 98101

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