



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM

Room Schedule for July & August 2017

All Times Subject to Change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Adult Badminton (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am	Adult Pickleball (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am	Adult Badminton (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am	Adult Pickleball (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am	Adult Badminton (16+) 5-9:15am	Adult Basketball (16+) 5-6:30am				
All Ages Open Gym 9:45-10:45am	YMCA Program** 6:45am-6:00pm	Turbo Kick 9:30-10:30am Jana	YMCA Program** 6:45am-6:00pm	All Ages Open Gym 9:45-10:30am	YMCA Program** 6:45am-6:00pm	Zumba 9:45-10:45am Rachel		Zumba Gold 9:30-10:25am Diana	YMCA Program** 6:45am-6:00pm	All Ages Open Gym 7am-3:30pm	Adult Basketball (16+) 7-8:30am	All Ages Badminton 7:30am-12:30pm	All Ages Pickleball 7:30am-12:30pm
Zumba Gold 11-11:55am Diana		Zumba 10:45-11:45am Rachel		Power Core 10:45-11:15am Michelle		Adult Basketball (16+) 11am-12pm	All Ages Open Gym 10:30am-10pm Reserved for YMCA Program from 12-4pm on 7/14 Reserved for YMCA Program from 6-9pm on 7/21 & 8/18	All Ages Open Gym 8:45am-3:30pm					
All Ages Open Gym 12-6pm Reserved for YMCA Program from 12-4pm on 7/10		All Ages Open Gym 12-6pm Reserved for YMCA Program from 12-4pm on 7/11		All Ages Open Gym 11:30-12pm									
Adult Basketball (16+) 6:15-10pm		Teen Basketball (14+) 6:15-10pm		All Ages Badminton 6:15-9:30pm		Teen Basketball (14+) 6:15-10pm	All Ages Open Gym 11:30-12pm	All Ages Open Gym 6:15-10pm					
				Adult Basketball (16+) 7:30-10pm			Adult Volleyball (16+) 7-9:30pm		All Ages Badminton 4-5:45pm	All Ages Badminton 4-5:45pm			

Updated 6/30/17