

WHAT IS PRIDE?

Pride Month is celebrated each year in the month of June to commemorate the 1969 Stonewall riots in Manhattan. The riots were a significant moment and tipping point for the Gay Liberation Movement in the United States.

CHALLENGES IN THE LGBTQ COMMUNITY

The LGBTQ Community experiences frequent prejudice (causing individual harm) and oppression (causing widespread institutional harm). Our systems, structures and institutions are built on a foundation of heterosexism and an assumption of only two genders. This can result in challenges in all life domains: Housing, Healthcare, Relationships, Family, Work, Religion, and many other areas.

Despite these challenges, LGBTQ people continue to persevere, break boundaries and live their authentic lives.

DEFINING TERMS

SEXUAL ORIENTATION

Who we are physically, emotionally, spiritually attracted to. Some common sexual orientations:

Lesbian: women who are attracted to women

Gay: men who are attracted to men

Bisexual: a person attracted to two sexes or genders, not necessarily simultaneously or equally.

Heterosexual: (or Straight) attracted to those of a sex other than your own, commonly "the opposite sex"

Pansexual: attracted to people, regardless of sex, gender, or gender identity

Asexual: low or absent sexual attraction to anyone

Queer: used to more broadly indicate a sexual attraction other than heterosexual, preferred by many younger people in the LGBT community. Formerly derogatory, use by the LGBTQ person's choice.

GENDER IDENTITY

A person's understanding, definition, or experience of their own gender. May be inconsistent with identified gender at birth. May be different from how we appear to others.

GENDER EXPRESSION

How we demonstrate our gender (based on traditional gender roles) through the ways we act, dress, behave and interact.

BIOLOGICAL SEX

Biological sex is determined by the anatomy, chromosomes, and hormones which make up a person's body. At birth, a child is declared an assigned gender based on physical characteristics:

Female: bearing "female" genitalia

Male: bearing "male" genitalia

Cisgender or Cis: When a person identifies as the gender they were assigned at birth, the person is Cisgender or Cis.

TRANSGENDER

Transgender is an umbrella term for people whose gender identity and/or expression is different from those typically associated with their assigned sex at birth. Common identities related to transgender include but are not limited to: transsexual, third gender, drag king, drag queen, androgynous, genderqueer, and gender non-conforming. Transvestite and tranny are in almost all cases derogatory.

These are self-defined terms, and there is quite a bit of controversy, even within the trans community, over which terms are preferred. Do not assume, ask, or call someone any of these terms unless invited to do so. Transgender or the shorthand "trans" are sensitive words for cisgender people to use when discussing trans topics. Always use these terms with respect.

Being transgender is separate from sexual orientation. Transgender people identify straight, queer, gay, lesbian, bisexual, asexual, etc.

AFFIRMED GENDER

People do not change their gender. We change our perceptions based on what the person has expressed to us.

Transgender Woman, trans woman, MtF—a person who was assigned male at birth and identifies as female.

Transgender Man, trans man, FtM—a person who was assigned female at birth and identifies as male.

Agender, Genderqueer or Pangender—beyond the gender binary

In all cases, we affirm the gender identity of the individual.

ALLY

Someone who advocates for and supports members of a community beyond their own. Reaching across differences to achieve mutual goals.

EVENTS CALENDAR

MOONLIGHT FILM SCREENING & DISCUSSION

June 17, 6:30-8:30pm @ West Seattle & Fawcetter YWCA
With an optional facilitated group discussion to follow.
Click [here](#) to Register for this event.

MILK FILM SCREENING & DISCUSSION

June 23, 6:30-8:30pm @ West Seattle & Fawcetter YWCA
With an optional facilitated group discussion to follow.
Click [here](#) to Register for this event.

TRANS PRIDE 2017

June 23, 6pm
Join us in this march celebrating Trans Pride with your Y community. All are welcome!
Meet at Dick's Burgers on Broadway at 5pm. March begins at 6pm.

PRIDE 2017 REST STOP FOR THE MOVEMENT

June 25, 9am-1pm
The Y encourages engagement, which is why we'll be opening our doors for restroom and water station usage to Pride March participants. Come support your community by signing up to volunteer at this unforgettable event: <http://bit.ly/2qCF0Ej>

RESOURCES

LOCAL AND NATIONAL LGBTQA YOUTH AND FAMILY ORGANIZATIONS

[PFLAG](#) Parents, Families and Friends of Lesbians, Gays, Bisexuals and Transgenders Resources and support

[TransYouth Family Allies \(TYFA\)](#) Resources and support for families and youth

[Bisexual Resource Center](#) resources and awareness building

[Intersex Society of North America](#) advocacy, resources and support

[Family Equality Council](#) advocacy to ensure all families are respected

[Northwest Network](#) Support for LGBT survivors of abuse

[Teen Suicide Helpline for Gay & Questioning Teens](#) Trevor Project's toll free 24/7 helpline: 866-488-7386

[Gender Diversity Education and Support Services](#) Support groups for trans youth and families, consultation for all at Seattle Children's Hospital

[Lambert House](#) LGBTQA Youth Services Drop In Center

[Entre Hermanos](#) Latino LGBT Resource Center

[Gay City Health Project](#) Resource and Referral Center, arts venue

[GLBT Friendly Churches and Spiritual Groups](#) listing by county

[Camp Ten Trees](#) Summer camp for LGBTQA youth and allies

[Colage](#) supports youth with LGBTQA parents with information and networking

[Queer Youth Space](#) A venue for 14-20 year old LGBT youth for arts, community, work and engagement.

LEGAL HELP

[ACLU American Civil Liberties Union](#)

[Gender Justice League](#)

[GLAD Gay & Lesbian Advocates & Defenders](#)

[Lambda Legal](#)

[Transgender Law Center](#)

CHALLENGES FOR LGBTQ YOUTH

64% of LGBTQ students report feeling unsafe at school

82% have been verbally harassed in the past year

61% have been physically harassed in the past year. Only 40% reported the mistreatment.

Source: Growing up LGBT in America, a 2010 survey of 10,000 youth by Human Rights Campaign (HRC)

20%-40% of homeless youth are LGBT

Source: Lambda Legal LGBTQ Youth Risk Data

42% of LGBT youth say the community in which they live is not accepting of them.

Source: Human Rights Campaign

LGBTQ Youth with high levels of family rejection are significantly more likely to attempt suicide, be depressed, use drugs or become homeless.

Openness may not completely disarm prejudice, but it's a good place to start."

—Jason Collins, first openly gay male athlete in major U.S. Pro Sports

