

FAMILY PROGRAMS

ADVENTURE ZONE & KIDS CORNER HOURS

M,T,W, TH, F	8:45 am-1:30 pm, 3:30 pm-8:00 pm
Saturday	8:00 am-1:00 pm
Sunday	10:00 am-1:00 pm

NOVEMBER EXTENDED HOURS:

**To support school conference and closure schedules, on the days listed below we will be open from 8:45 am-8:00 pm.*

Mon.	11/2, 11/23	Thurs.	11/19
Tues.	11/3, 11/24	Fri.	11/6, 11/20
Wed.	11/4, 11/11, 11/25		

ADVENTURE ZONE

YMCA facility members with FAMILY MEMBERSHIPS can drop off their 4-10 years old with YMCA staff for up to 2 hours of fun while using the YMCA facility. Children can play on the Adventure Zone climbing structure (**socks are required**) and/or participate in scheduled activities. Space is limited, care is available on a first come, first serve basis. Parents must remain in the facility during this program. Parent sign-in is required. This is free for facility members with FAMILY MEMBERSHIPS.

CHILDREN NEED TO BE POTTY TRAINED!

KIDS CORNER

YMCA facility members with FAMILY MEMBERSHIPS can drop off their 6 wk-3 years old with YMCA Staff for up to 2 hours of fun while using the YMCA facility. Children will have the opportunity to play and learn with our age appropriate equipment and toys. Space is limited, care is available on a first come, first serve basis. Parents must remain in the facility during this program. Parent sign-in is required. This is free for facility members with FAMILY MEMBERSHIPS.

CHECK IN & OUT PROCEDURES FOR ADVENTURE ZONE AND KIDS CORNER.

- Only an authorized adult (18 years and older) is allowed to sign a child in to the Kids Corner & Adventure Zone.
- Only the authorized adult that signed the child in may sign the child out. If the person signing your child out will be different, staff must be notified at drop-off and that name must be noted on the sign-in sheet. Staff will also require photo ID. *This is for the safety of your child.*
- Once you sign your child in, your child will receive a numbered name tag and a corresponding numbered pager. This pager will be used to contact you if your child becomes upset and we are unable to console them within 10 minutes or if we need you to return to Family Programs for any reason.

continued...

- Please label everything (bags, pacifiers, toys, cups, etc.). All personal toys should be left at home.
- The **maximum stay** in Kids Corner and Adventure Zone is **2 hours per day**.
- Parents must remain on the YMCA premises while children are signed into any program.
- Please follow the program age requirements. Our programs are designed with age-appropriate activities. By following the age requirements you will help us maintain a safe and enjoyable environment for everyone.

BINGO BONANZA

Are you feeling lucky? Come try your luck at BINGO YMCA style! Come join us for some family fun in our family activity room!

First Friday of the month from 6:30 pm-8:00 pm

BIRTHDAY PARTIES

Adventure Zone & "Y" Pool Parties! Celebrate your child's birthday at our house and leave the mess to us! For more details & scheduling, speak to Member Services. Sign up now to reserve your special day. For additional questions, please contact Kim Von Wald, Family Programs Director at (425)282-1509 or kvonwald@seattleyymca.org.

CENTER STAGE

Beginning Acting Classes for Youth

Youth will learn the fundamentals of acting, while participating in improvisation, memorization as well as voice and movement exercises.

Tuesdays, November 3, 10, 17, 24 from 4:00 pm-5:15 pm

COOKING WITH PIZZAZZ!

Adult Cooking

Adults can create old time family favorites with flavors new and bold.

Nov. 2nd, 9th, 23rd from 10:00 am-12:00 pm

Nov. 16th, 30th from 5:30 pm-7:30 pm

See Member Services located in lobby for details.

EASY HOLIDAY ENTERTAINING

Adult Cooking

Make the holidays as simple as can be with quick easy recipes that everyone is sure to enjoy!

Nov. 18th from 10:00 am-12:00 pm

See Member Services located in lobby for details.

FAMILY DINNER

Let the YMCA make dinner while you spend quality time with your kids and meet new parents in your community!

Second Friday of the month from 5:30 pm-6:15 pm. \$5 for 14 yrs. and older, \$3 for ages 13 yrs. & younger. 2 years & under FREE!

Updated 10/23/09

FAMILY FUN NIGHT

The family that plays together stays together! Enjoy healthy, fun activities including themed games, swimming and more! Parents are responsible for their own children.

*Second Friday of the month following dinner from 6:30 pm-8:00 pm
See Member Services located in lobby for details.*

FAMILY GYM

Come use our gym to play games with your family. Balls, parachute, hula hoops and a YMCA staff member will be available to facilitate the fun!

*Fourth Friday of the month 7:15 pm-8:15 pm (Structured activities)
8:15 pm-9:00 pm (Open gym)*

FUN WITH FOOD

Breakfast Style

Children 3-7 yrs. Kids will explore the wonders of food through taste, touch and construction.

Nov. 1, 8, 15, 22, 29 from 10:30 am—11:15 am.

See Member Services located in lobby for details.

GIFTS FROM THE KITCHEN

Adult Cooking

Learn fun and easy recipes that will be sure to be the hit of the party!

Wednesday, November 4th from 10:00 am-11:00 am

GOT GAME?

Looking for something fun and free to do as a family? If so then an old fashioned family game night is the answer! Join us for fun games at our fireplace.

Third Friday of the month from 6:30 pm-8:00 pm

INDIAN COOKING CLASS

Adult Cooking

Guest Chef Karuna Ram will demonstrate a variety of Indian dishes in this hands-on class.

Saturday November 7th from 10:00 am-11:30 am

See Member Services located in lobby for details.

KIDS CRAFT CLASSES

-Mosaic Madness

Create a lasting and fun project using colorful tumbled safe recycled mosaic glass!

Wednesday November 11th from 1:30 pm -2:30 pm

See Member Services located in lobby for details.

-One Of A Kind Candles

Children will use a variety of materials to create their own unique candles.

Wednesday November 25th from 1:30 pm-2:30 pm

See Member Services located in lobby for details.

MEMBER BREAKFAST

Waffle, Pancakes & Toppings Galore

Saturday November 21st from 9:00 am-11:00 am

*\$5 for 14 yrs. and older, \$3 for ages 13 yrs. & younger.
2 years & under FREE!*

SENIOR COFFEE

Time to socialize, laugh and have fun around the table in the Community Kitchen.

Monday-Friday from 9:30 am—10:30 am

SENIOR CRAFTS & LUNCH

Enjoy the company of others while eating a nutritious meal as well as assist in making beautiful crafts for underprivileged children.

Tuesdays & Thursdays from 10:00 am-1:00 pm

TEEN CHEF ACADEMY

Teens 10-17 yrs. Wednesday from 6:30 pm—8:00 pm

Come challenge your inner culinary genius and become the next Top Teen Chef!

To register, stop by Member Services located in the lobby.