

## **San Juan Sampler: Kayak & Sail –**

One-Week program for campers with little or no skill or experience kayaking or sailing.

### **Objectives:**

- Provide campers with a safe outdoor experience.
- Challenge yourself in new ways, while being in a safe and supportive environment (challenge by choice).
- Be a part of a close-knit group and learn successful techniques to operate in a group.
- Learn new peer-to-peer leadership styles by leading a group of your peers.
- Learn and practice practical skills such as cooking on a camp stove, setting up camp, making a fire, traveling in a group and the technical skills of kayaking and sailing.

### **Program Details:**

- Campers stay in open-air cabins in at Camp Orkila one to two nights at the start of their program and one to two nights at the end of their program.
- When groups are in the field they stay in organized city, state, federal and private campgrounds. Groups sleep under tarps, which they set up. Tarps are single sex. Campers do not sleep on the sailboats.
- Campers must pass a kayak “flip flop” and swim check prior to departing camp.
- Kayak and Sail within the San Juan Islands.
- Each Kayak holds two campers. Staff are in single kayaks among campers.
- Each Sailboat t has 1 staff member and 4-6 teen expedition campers.
- Kayak or sail 3 – 6 hours daily.
- Safety protocol requires staff to radio-call to camp at least four times day.

### **Sample Itinerary:**

Day 1: Arrive at Camp Orkila, swim check

Day 2: Sail at Satellite Island

Day 3: Sail at Satellite Island

Day 4: Morning sail & return to camp on the Kwahnice

Day 5: Kayak to Blind Island

Day 6: Kayak to Jones Island

Day 7: Return to Camp Orkila

Day 8: Closing and return to Seattle