

Gulf Island Biking –

Two-Week program for campers with beginning to intermediate biking experience..

Objectives:

- Provide campers with a safe outdoor experience.
- Challenge yourself in new ways, while being in a safe and supportive environment (challenge by choice).
- Be a part of a close-knit group and learn successful techniques to operate in a group.
- Learn new peer-to-peer leadership styles by leading a group of your peers.
- Learn and practice practical skills such as cooking on a camp stove, setting up camp, making a fire, traveling in a group and the technical skills of biking.

Program Details:

- Campers stay in open-air cabins in at Camp Orkila one to two nights at the start of their program and one to two nights at the end of their program.
- When groups are in the field they stay in organized city, state, federal and private campgrounds. Groups sleep under tarps, which they set up. Tarps are single sex.
- Campers carry gear and 2-3 days worth of food and resupply during their trip.
- Campers travel on paved roads and learn road safety.
- Campers are highly encouraged to bring their own touring bicycle.
- Bike within the San Juan and Gulf Islands.
- Bike 8-30 miles daily.
- No laundry capabilities during program.
- *U.S. Passport for entry in Canada required to participate in this program.*
- Safety protocol requires staff to carry cell phones and call camp every other day.

Sample Itinerary:

Day 1: Arrive at Camp Orkila, swim check

Day 2: Day Ride on Orcas Island, skills training

Day 3: Travel by ferry to Sidney, B. C.

Day 4: Ride in Sidney, B.C.

Day 5: Ride to Sooke, B. C.

Day 6: Ride to China Beach

Day 7: Ride to Victoria, B. C.

Day 8: Ride to Crofton, B. C.

Day 9: Ride to Saltspring Is, B.C.

Day 10: Ride to Galiano Is, B.C.

Day 11: Ride on Galiano Is, B.C.

Day 12: Ride to Sidney B.C. Provincial Park

Day 13: Ride in Bay View State Park

Day 14: Travel by ferry to Camp Orkila

Day 15: Closing and return to Seattle