

TRANSITIONS

YMCA Transitions provides supportive housing for young adults ages 18-23 who live in King County. Participants work with a YMCA case manager, pay a portion of their income in rent and live in shared homes or scattered site apartments. Participants gradually take over payment of rent and bills as they become self-sufficient.

Transitions Housing

Participant Criteria:

- 18-23 years old
- Spent significant (2 or more years) time in foster care as a youth
- Spent time in foster care or out-of-home care, 30 days or more, after age 15
- Not pregnant or parenting
- No felony convictions
- Motivated to work towards independence.

Expectations of Young Adults: Young adults participating in the Transitions program attend independent living skills modules, are in an education program (GED, community college, vocational, etc.), participate in on-the-job training or paid internships, attain employment, and strive to meet program and personal goals. Participants in the program pay program fees during their involvement. Participants will gradually take over payment of rent and bills, becoming self-sufficient in their own affordable residence by the time they graduate from the program.

Housing Options: The housing will be provided using subsidized and market rate rental apartments and purchased homes in a range of housing and service options including:

- Shared Homes:** Four to six program participants live in a house staffed by a Resident Manager. Young adults take on a leadership role in the home and are responsible for shopping, cooking and chores to maintain the residence. The Resident Manager offers ongoing support, ensures a positive peer environment and provides skill-building activities around independent living.
- Permanent Housing:** Community based apartments offer an option for young adults to live independently with the support of staff providing life skills training. Rental subsidies are provided to landlords until participants are able to support themselves fully in an affordable, sustainable situation in the community.

Contact Information

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