

# MAIN GYM

Time	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
			West	East	West	East	West	East	West	East	West	East			
5:00-6:30 a.m.			Basketball 5-7		Basketball 5-7		Basketball 5-7		Basketball 5-7		Basketball 5-7				
7:00 a.m.			Open 7-8:15		Open 7-9:10		Open 7-8:15		Open 7-9:10		Open 7-8:15		Basketball 21+ 7-9		
7:30 a.m.			Pilates 8:30-9:15				Pilates 8:30-9:15				Pilates 8:30-9:15				
8:00 a.m.			Basketball 18+ 10-12		Zumba 9:30-10:15		Boot Camp 9:30-10:30		Zumba 9:30-10:15		Boot Camp 9:30-10:30			Body Shop 9:30-10:30	
8:30 a.m.					Open 10:15-10:45		Basketball 21+ 10:45-1 Monday through Friday		Open 10:15-10:45		Open 10:15-10:45			Open 10:15-10:45	
9:00 a.m.															
9:30 a.m.	Open 12-6		Teen B-Ball 13-18 yrs 12-2		Open 1-4		Open 1-4		Open 1-4		Open 1-4		Open 1-5 Woodinville Montessori 1-3:30		
10:00 a.m.															Open 1-8
10:30 a.m.			Youth Sports 4-6		Youth Sports 4-6		Youth Sports 4-6		Youth Sports 4-6						
11:00 a.m.			Youth Sports 4-8		Body Shop 6-7		Youth Sports 4-8		Body Shop 6-7		Youth Sports 5-8		Open 4-7		
11:30 a.m.			Youth Sports 7-8:15		V-Ball 16+ 7:30-10		Youth Sports 7-8:15		V-Ball 16+ 7:30-10		Youth Sports 7-8:15				
12:00 p.m.			Basketball 16+ 8-10		Open 8:15-10		Basketball 16+ 8-10		Open 8:15-10		V-Ball 16+ 7:30-10		Open 8-10		
12:30 p.m.															
1:00 p.m.															
1:30 p.m.															
2:00 p.m.															
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8:30 p.m.															
9:00-10 p.m.															