



YMCA
OF GREATER SEATTLE

We build strong kids,
strong families,
strong communities.



member rewards

1st new member: One month membership dues

Encourage your friends or co-worker to join the Y and we'll treat you to one month free membership dues! It's the Y's way to say thank you for your trust and referral.



Healthy lifestyle for your friends cool stuff for you.

Reward yourself! Introduce a friend, co-worker or family member to the YMCA and earn great prizes. Maybe you need a workout partner or simply want to encourage your friend to better health. Either way, you both benefit. See the membership desk for more details and start sharing in the rewards today!

Want a
friend to
try the Y?

See the
membership desk
for a free guest pass.



2nd new member: Ogio™ Gym Bag

Pack your gear in style in this great-looking and totally functional Ogio Gym bag. Featuring large capacity pockets, an adjustable shoulder strap and a CD pocket for your favorite tunes.

3rd new member: DAC™ Stadium Chair

After your work-out, grab your stadium chair and sit in comfort at the kids' sporting events. With pockets for your keys, phone and incidentals, and a holder for your favorite sports drink, this chair will take you to the game, the beach and beyond.



4th new member: Microfiber Mountain Parka

This is the Puget Sound's must-have parka. With removable hood, front double entry pockets and Velcro closures – this jacket is ideal for comfort and fit. Wear this YMCA gear on all your outdoor adventures.

5th new member: \$100 YMCA bucks

There are hundreds of things to do at the Y, and we'll give you \$100 Y-bucks to try any of them. Whether you want a session with a personal trainer, swim lessons for the kids or a much-deserved massage – treat yourself to \$100 worth of fun.

