


**Effective: July 2006**

*Updated: 7/01/06*

# Pool Schedule

*Summer Session #1 begins July 8, 2006*

*Notice July 5 - 7 the pool will be used for Scuba Camp from 10:00 am to 12:00 pm.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 6:00-7:55 am	Lap Swim 6:00-7:55 am	Lap Swim 6:00-7:55 am	Lap Swim 6:00-7:55 am	Lap Swim 6:00-7:55 am	Lap Swim 7:00-7:55 am	
AOA Exercise 8:00-9:00 am	AOA Exercise 8:00-9:00 am	AOA Exercise 8:00-9:00 am	AOA Exercise 8:00-9:00 am	AOA Exercise 8:00-9:00 am	Water Aerobics 8:00-8:55 am	
AOA Exercise 9:00-10:00 am	Water Aerobics 9:00-10:00 am	AOA Exercise 9:00-10:00 am	Water Aerobics 9:00-10:00 am	AOA Exercise 9:00-10:00 am		
Swim Lessons 10:05 - 12:15 pm	Swim Lessons 10:05 - 12:15 pm	Swim Lessons 10:05 - 12:15 pm	Swim Lessons 10:05 - 12:15 pm	Lap Swim 10:00 - 11:55 am	Swim Lessons 9:00 - 12:00 pm	Lap Swim 10:00-1:00 pm
Lap Swim 12:20 - 4:00 pm	Lap Swim 12:20 - 5:20 pm	Lap Swim 12:20 - 4:00 pm	Y Day Camp 12:30 - 2:00 pm	Downtown Y Day Camp 12:00 - 2:30 pm	Lessons/ Lap Swim 12:00-1:00 pm	
			Lap Swim 2:05 - 5:20 pm	Lap Swim 2:35 - 6:10 pm	Family Swim 1:05 - 3:00 pm	Family Swim 1:05 - 3:00 pm
			Family Swim 4:05 - 5:20 pm	Family Swim 4:05 - 5:20 pm	Lap Swim 3:05 - 5:45 pm	Lap Swim 3:05 - 5:45 pm
Swim Lessons 5:25 - 7:05 pm	Water Aerobics 5:25 - 6:25 pm	Swim Lessons 5:25 - 7:05 pm	Water Aerobics 5:25 - 6:25 pm	Open Swim 6:15 - 8:45 pm	 <p><b>YMCA</b> OF GREATER SEATTLE</p> <p>We build strong kids, strong families, strong communities.</p>	
Masters Team 7:15 - 8:45 pm	Swim Lessons 6:30 - 7:35 pm	Masters Team 7:15 - 8:45 pm	Swim Lessons 6:30 - 7:35 pm			
Lap Swim 7:45 - 8:45 pm	Lap Swim 7:45 - 8:45 pm	Lap Swim 7:45 - 8:45 pm	Lap Swim 7:45 - 8:45 pm			