

MEREDITH MATHEWS EAST MADISON YMCA

Effective:
July 1—30
Updated: June 30

GYM SCHEDULE



Gym rental available! Phone: (206) 322-6969

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym 6:00am - 11:00am	Open Gym 6:00am - 11:00am	Open Gym 6:00am - 11:00am	Open Gym 6:00am - 11:00am	Open Gym 6:00am - 11:00am	Open Gym 7:00am - 6:00pm	Open Gym 10:00am - 5:45pm
Kid Time 11:00am - 11:30am	Kid Time 11:00am - 11:30am	Kid Time 11:00am - 11:30am	Kid Time 11:00am - 11:30am	Kid Time 11:00am - 11:30am		
Summer Camp 8:00am—12:30pm July 17—21 July 24—28	Summer Camp 8:00am—12:30pm July 17—21 July 24—28	Summer Camp 8:00am—12:30pm July 17—21 July 24—28	Summer Camp 8:00am—12:30pm July 17—21 July 24—28	Summer Camp 8:00am—12:30pm July 17—21 July 24—28		
Summer Camp 8:00am - 3:30pm July 31—Aug 4	Summer Camp 8:00am - 3:30pm July 31—Aug 4	Summer Camp 8:00am - 3:30pm July 31—Aug 4	Summer Camp 8:00am - 3:30pm July 31—Aug 4	Summer Camp 8:00am - 3:30pm July 31—Aug 4		
Open Gym 11:30am - 7:30pm	Open Gym 11:30am - 7:30pm	Open Gym 11:30am - 7:30pm	Open Gym 11:30am - 3:30pm	Open Gym 11:30am - 7:30pm		
Pick-up Games 7:30pm - 9:00pm	Pick-up Games 7:30pm - 9:00pm	Pick-up Games 7:30pm - 9:00pm	JULY 13, 6-8pm Family Fitness Night	JULY 14, 6-10pm Kids Night Out		
			Pick-up Games 7:30pm - 9:00pm	JULY 28, 4-8pm 3-on-3 BB tourney		
				Pick-up Games 7:30pm - 9:00pm		

Gym Conduct: Each YMCA participant is responsible for his or her behavior. Acceptable behavior is reflected by concern for others, safety, and care of the facilities. All members and participants will be expected to follow the YMCA Code of Conduct. YMCA staff will ask participants who cannot follow these guidelines to leave.