

# Fauntleroy YMCA Gym Schedule

## October 2009

| Monday                     | Tuesday                                     | Wednesday                 | Thursday                                    | Friday  | Saturday                              | Sunday |
|----------------------------|---|---------------------------|---|---|---------------------------------------|--------|
| 5:30-6:30 am<br>Class      | 5:45-6:45 am<br>Class                       | 5:30-6:30 am<br>Class     | 5:45-6:45 am<br>Class                       | 5:45-6:45 am<br>Class   | 8-9 am<br>Class                       | Closed |
| 6:45-8:45 am<br>OPEN       | 6:45-7:45 am<br>OPEN                        | 6:45-8:45 am<br>OPEN      | 6:45-7:45 am<br>OPEN                        | 7-7:45 am<br>OPEN   |                                       |        |
| 9-11 am<br>Classes         | 7:45 am-12:45 pm<br>Classes                 | 9-11 am<br>Classes        | 8:15-11 am<br>Classes                       | 8:45 am-1:30 pm<br>Classes  | 9-noon<br>Adult<br>Open<br>Basketball |        |
| 11:15 am – 6:15 pm<br>OPEN | 12:45-3:30 pm<br>OPEN                       | 11:15am-6 pm<br>OPEN      | 11 am – 3:30 pm<br>OPEN                     | 1:30-6 pm<br>OPEN   | 12-1 pm<br>OPEN                       |        |
|                            | 3:30-6:20 pm<br>Adult<br>Open<br>Basketball | 6-7 pm<br>Youth<br>Sports | 3:30-6:20 pm<br>Adult<br>Open<br>Basketball | Facility Hours:<br>Monday – Thursday, 5:30 am-8 pm<br>Friday, 5:30 am-6 pm<br>Saturday, 8 am – 1 pm<br>Sunday, closed |                                       |        |
| 6:15-8 pm<br>Classes       | 6:20-8 pm<br>Classes                        | 7-8 pm<br>OPEN            | 6:20-8 pm<br>Classes                        |   |                                       |        |

All classes and open gym times subject to change without notice.