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**YMCA To Honor Colleen S. Willoughby  
With 25<sup>th</sup> YMCA A.K. Guy Award on Oct. 15**

SEATTLE—Aug. 4, 2008—Colleen S. Willoughby, co-founder of CityClub and the Washington Women’s Foundation, will be honored by the YMCA of Greater Seattle at the 25<sup>th</sup> Anniversary A.K. Guy Award Luncheon on Wednesday, Oct. 15.

Willoughby is well known as a dedicated community leader. In addition to fostering philanthropy among women, she has volunteered with a wide range of organizations including Children’s Hospital, Junior League, Leadership Tomorrow, Seattle Art Museum, Seattle Children’s Home, United Way of King County and Whitman College. She is a past board member of the YMCA of Greater Seattle and helped establish the YMCA’s first organized volunteer system in 1976.

Through her extensive volunteer work, Willoughby has encouraged people of all ages and backgrounds to become involved in civic discourse, community building and philanthropy. She steps down this year as president of the Washington Women’s Foundation.

The YMCA A.K. Guy Award was established in memory of A.K. Guy (1892-1983), president of G.O. Guy Drugs, who was a community leader and dedicated volunteer for civic organizations, his church, the YMCA of Greater Seattle Board of Directors and YMCA Camp Orkila. The A.K. Guy Award is presented annually to an individual, couple, corporation or organization that exemplifies the ideals of the late A.K. Guy.

Past recipients of the YMCA A.K. Guy Award include Honorable Richard A. Jones (2007), Maggie and Doug Walker (2006), Constance and Norman Rice (2005), J. Shan Mullin (2004), Peter Horvitz (2003), Seattle Works (2002) and William H. Gates (2001).

The A.K. Guy Award Luncheon will take place on Wednesday, Oct. 15, from 12-1:30 p.m. at the Seattle Sheraton Hotel. For ticket information, please contact Sok In at 206-344-3190 or [akguy@seattleyymca.org](mailto:akguy@seattleyymca.org).

**About the YMCA of Greater Seattle:**

The YMCA of Greater Seattle is a charitable, non-profit organization serving King and south Snohomish counties since 1876. Reaching more than 191,200 people annually through 12 branches, two resident camps and more than 200 program sites, the YMCA provides a wide range of programs and services in child care, youth development, education, foster care, family support, wellness and outdoor experiences. More information may be found at [www.seattleyymca.org](http://www.seattleyymca.org).

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