



Auburn Valley YMCA

The Auburn Valley YMCA has a history of supporting traditional needs for youth and families, from swim lessons to day camp. At the same time, the Y has a responsibility to prepare for the future by identifying and addressing new needs as they develop.

Partners With Youth Campaign

The YMCA provides programs and services for children, young adults, adults and senior citizens — programs that build character through education and positive role modeling. The Partners With Youth Campaign involves YMCA members and community leaders in securing financial support for YMCA programs. Through the campaign, the YMCA provides financial resources for programs that serve more than 9,000 youth and teens, financial assistance for families, child care and day camp programs.

Meeting the Challenge

The 2008 Partners With Youth Campaign asks for your contribution in order to meet both the challenges of today...and tomorrow.

A Sound Investment

The YMCA maximizes the use of every dollar. Of every dollar contributed, 95 cents goes directly to programs.



- 40% Supporting and Strengthening Families
- 35% Promoting Healthy Lifestyles
- 25% Youth and Teen Activities

Shaping Youth Values

The Y provides programs to put older youth in the lives of elementary age kids, mentoring that not only helps the younger children, but encourages teens to start on a path of lifelong community service.



"This is the best thing I've ever done in my whole life!" said 17 year old **Road Rules California** participant Scott L. after seeing the ocean for the first time in his life.

Strengthening Families

The Y provides opportunities for children and parents to play together, creating shared experiences that bond them. The Y also is adding programs specifically to focus on elementary age kids — programs that create a foundation for success throughout school and life.



"We have been coming to the YMCA daily for two years. This has been a supportive environment for our family through crisis and has provided activity for all of us on a weekly basis. This facility, it's staff and members have been such a blessing to our family and we are so grateful for that."

Annette and Family

Promoting Healthy Living

The Y provides guidance to parents on how to set an example for their children with healthy eating and staying fit, while at the same time supports families in combating the increasing problem of childhood obesity. The Y emphasizes fitness not just through traditional organized sports, but also through other activities that keep young bodies moving and healthy.



"Youth football is based on age and weight, and Colin was too big to play. In January we came to the YMCA, saw the branch manager and explained the situation. Without hesitation she said we were in the right place.

The next July we took Collin for his football physical. The doctor was amazed and thrilled. Needless to say Collin made weight for football and experienced something that will change his life forever."

Jim and Michelle

Help Us Reach Out

The Auburn Valley YMCA does all this for youth and families from a diverse range of backgrounds, cultures and incomes. Help us reach out to build strong kids, strong families and a strong community — through your contribution to the Partners With Youth Campaign.

For More Information

If you have questions regarding the YMCA Partners With Youth Campaign, please contact:

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Imagine What \$168,000 Will Do

Here are a few ways your gift directly impacts children and teens. Gifts are based on ten monthly payments or a pledge made in full.

Member

\$100/month or \$1,000

Promote a healthy and active lifestyle for 50 or more youth with swimming lessons that ensure access to a safe, positive and lifelong activity.

Youth Sponsor

\$50/month or \$500

Help 20 youth participate in youth sports where they learn sportsmanship, teamwork, and maintain the activity level needed to support a healthy body. Adult role models help youth develop skills and values while ensuring a fun experience.

Friend of Youth

\$25/month or \$250

Help two junior high school girls participate in the Soroptimist/YMCA Adventure in Leadership for Girls of Promise program and allow these youth to gain valuable leadership skills.

Partner's Circle

\$15/month or \$150

Assure one working family with safe and supportive Before and After School Care for a month.

Will you help?

Your gift can be tailored to fit your needs, including monthly, quarterly or semi-annual payments, charge on a MasterCard/VISA, by bank draft or stock transfers.

Many companies match employee giving. When you make your pledge, please let us know about your company's matching gift program.