


GYM SCHEDULE

September 8, 2009 – December 31, 2009 (revised 10-07-09)

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	West	East	West	East	West	East	West	East	West	East	West	East	West	East		
5:30	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Closed		 <p>YMCA OF GREATER SEATTLE</p> <p>We build strong kids, strong families, strong communities.</p>			
6:00	5:30-8:00	5:30-8:00	5:30-8:30	5:30-8:30	5:30-8:00	5:30-8:00	5:30-8:30	5:30-8:30	5:30-8:00	Open 5:30-8:00						
6:30											Open 7-9	Open 7-9				
7:00																
7:30																
8:00	Class 8-9	Class 8-9			Class 8-9	Class 8-9			Class 8-9	Class 8-9						
8:30				Class 8:30-9			Class 8:30-9									
9:00	Setup @845	Imagination Station 9-11	Setup @845	Imagination Station 9-11	Setup @845	Imagination Station 9-11	Setup @845	Imagination Station 9-11	Setup @8:45	Imagination Station 9-11	Kids Gym 9-12:30	Kids Gym 9-11:45				
9:30	Open Kids Gym 9:00-11:30		Open Kids Gym 9:00-11:30		Open Kids Gym 9:00-11:30		Open Kids Gym 9:00-11:30		Open Kids Gym 9:00-11:30						Open 10-12	Open 10-5:20
10:00																
10:30																
11:00		Pre school 11-1		Pre-school 11-12		Pre-scho 11-1		Pre-school 11-12		Pre-scho 11-1		Bball 11:45-2:00				
11:30	Parent/Child Play Time 12:00-3:00		Presch 12-1	Open 12-5:45	Parent Child Play Time 12:00-3:00	Open 1-4	Parent Child Play Time 1:00-3:00	Open 12-4:30	Parent Child Play Time 12:00-3:00	Open 1-10 (except Family Nights-1 st)	Birth-Day Parties 12:30-5:00	Open 2-6				
12:00																
12:30																
1:00																
1:30																
2:00																
2:30																
3:00																
3:30	Presch 3-4		Presch 3-4		Presch 3-4		Presch 3-4		Presch 3-4		Friday of the month and Family Social 3 rd	Open 5-6 Except 2 nd Sat. closes at 5:30 for PNO	Except 2 nd Sat. closes at 5:30 for PNO	Open 4-8		
4:00	Open Kids Gym 4-6	FL Youth Bball 4-5 eff. 11-30-09	Open Kids Gym 4-6		Open Kids Gym 4-6	FL Youth Bball 4-5 Eff. 12-2-09	Open Kids Gym 4-6	Open Kids Gym 4-6	Open Kids Gym 4-6	FL Youth Bball 4:30-5:30 Eff. 12-3-09						
4:30																
5:00		Open 5-10				Open 5-10										
5:30																
6:00			Class 6-7	Class 5:45-7	Open		Class 6-7	Class 5:45-7	Open (except 1 st Fri. for Family Night, 3 rd Fri. For Family Social 6-9)		Closed					
6:30	Class 6:30-7:30															
7:00			Basket Ball 7-9	Basket Ball 7-9	6-10		Basket Ball 7-9	Basket Ball 7-9								
7:30																
8:00	Open 7:30-10															
8:30																
9:00			Open 9-10	Open 9-10			Open 9-10	Open 9-10	Open 9-10	Open*						
9:30																
10:00	Closed															

Basketball: Pick up games – All players must follow posted rules.

Open: 8 and older (under 8 must be with a parent/guardian). 8-10 year olds must have a parent/guardian in the building.

Parent/Child Play Time – Parents must stay in gym and supervise their children.

Preschool – gym space used by YMCA Preschool classes.

Open Kids Gym/Imagination Station – staffed Family Programs – see Family Programs literature for ages & eligibility.

Schedule may change without notice due to special events, trainings, or maintenance.