

GROUP CYCLING STUDIO

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------|--------|---|--|--|--|---|---|
| 5:00 | | All Levels 5:00 - 5:45 John | | | | All Levels 5:00 - 5:45 John | |
| 5:45 | | | | | | | |
| 6:00 | | All Levels 6:00 - 6:45 John | | All Levels 6:00 - 6:45 Glen | | All Levels 6:00 - 6:45 John | |
| 6:45 | | | | | | | |
| 7:00 | | | | | | | |
| 8:00 | | | | | | | |
| 9:00 | | | | | | | |
| 9:30 | | All Levels 9:30 - 10:30 Carolyn | | All Levels 9:30 - 10:30 Lynn | | All Levels 9:30 - 10:30 John | Cycle & Core 9:30 - 10:30 Lynn |
| 10:00 | | | | | | | |
| 10:30 | | | | | | | |
| 11:00 | | | | | | | |
| 11:30 | | | | | | | |
| 12:00 | | Express Cycle 12:00 - 12:45 John | | Express Cycle 12:00 - 12:45 Wanda | | Express Cycle 12:00 - 12:45 Lynn | |
| 12:30 | | | | | | | |
| 1:00 | | | | | | | |
| 2:00 | | | | | | | |
| 3:00 | | | | | | | |
| 4:00 | | | | | | | |
| 5:00 | | | | | | | |
| 5:30 | | | | | | | |
| 6:00 | | | Cycle & Core 6:00 - 7:00 Emily W. | | Cycle & Core 6:00 - 7:00 Emily W. | | |
| 6:30 | | All Levels 6:45 - 7:45 Chuck | | All Levels 6:45 - 7:45 Chuck | | All Levels 6:45 - 7:45 John | |
| 7:00 | | | | | | | |
| 7:30 | | | | | | | |
| 8:00 | | | | | | | |
| 8:30 | | | | | | | |