



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

WEST SEATTLE YMCA 2012

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday						
	West	East	West	East	West	East	West	East	West	East	West	East	West	East					
5:30	Open 5:30-8:00	Open 5:30-8:00	Open 5:30-6:00	Open 5:30-6:00	Open 5:30-8:00	Open 5:30-8:00	Open 5:30-6:00	Open 5:30-6:00	Open 5:30-8:00	Open 5:30-8:00	Closed		Closed						
6:00											Bball 6:00-7:30	Bball 6:00-7:30	Bball 6:00-7:30	Bball 6:00-7:30	Bball 6:00-7:30	Bball 6:00-7:30	Bball 6:00-7:30	Bball 6:00-7:30	Bball 6:00-7:30
6:30			Open 7:30-8:45	Open 7:30-8:30			Class 8:00-9:00	Class 8:00-9:00											
7:00											Class 8:00-9:00	Class 8:00-9:00	Class 8:00-9:00	Class 8:00-9:00	Class 8:00-9:00	Class 8:00-9:00	Class 8:00-9:00	Class 8:00-9:00	Class 8:00-9:00
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9:00											Setup at 8:45	Imagination Station 9:00	Setup @8:45	Imagination Station 9:00	Setup @8:45	Imagination Station 9:00	Setup @8:45	Imagination Station 9:00	Setup @8:45
9:30	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00	Zany Zone/ Kids Gym 9:00 - 11:00									
10:00											Preschool 11:00 - 1:00	Preschool 11:00 - 1:00	Preschool 11:00 - 1:00	Preschool 11:00 - 1:00	Preschool 11:00 - 1:00	Preschool 11:00 - 1:00	Preschool 11:00 - 1:00	Preschool 11:00 - 1:00	Preschool 11:00 - 1:00
10:30	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00	Par/Child Play Time 12:00 - 3:00									
11:00											Open 1-1:30	Open 1-1:30	Open 1-1:30	Open 1-1:30	Open 1-1:30	Open 1-1:30	Open 1-1:30	Open 1-1:30	Open 1-1:30
11:30	Presch 1:30-2:30	Presch 1:30-2:30	Presch 1:30-2:30	Presch 1:30-2:30	Presch 1:30-2:30	Presch 1:30-2:30	Presch 1:30-2:30	Presch 1:30-2:30	Presch 1:30-2:30	Presch 1:30-2:30									
12:00											Open 2:30-4:00	Open 2:30-4:00	Open 2:30-4:00	Open 2:30-4:00	Open 2:30-4:00	Open 2:30-4:00	Open 2:30-4:00	Open 2:30-4:00	Open 2:30-4:00
12:30	Presch 3:00-4:00	Presch 3:00-4:00	Presch 3:00-4:00	Presch 3:00-4:00	Presch 3:00-4:00	Presch 3:00-4:00	Presch 3:00-4:00	Presch 3:00-4:00	Presch 3:00-4:00	Presch 3:00-4:00									
1:00											Zany Zone/ Kids Gym 4:00-6:00	Zany Zone/ Kids Gym 4:00-6:00	Zany Zone/ Kids Gym 4:00-6:00	FL Youth Sport 3:45-5:45	Zany Zone/ Kids Gym 4:00-7:30	FL Youth Sport 3:45-8:00	Open Kids Gym 4:00-6:00	FL Youth Sport 3:45-5:45	Open Kids Gym 4:00-6:00
1:30	Open 5:00-6:00	Open 5:00-6:00	Open 5:00-6:00	Open 5:00-6:00	Open 5:00-6:00	Open 5:00-6:00	Open 5:00-6:00	Open 5:00-6:00	Open 5:00-6:00	Open 5:00-6:00									
2:00											Class 6:00-7:00	Strong Kids 6:00-7:00 Starts 9/26	Class 6:00-7:00	Class 5:45-7:00	Class 6:00-7:00	Class 5:45-7:00	Class 6:00-7:00	Class 5:45-7:00	*Open 6:00-10:00
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	Closed																		

*Except 1st & 3rd Friday for Family Night/Family Social 5:30-8:30pm

**except 2nd Sat closes at 5:00pm for PNO

Basketball: Pickup games – All players must follow posted rules.

Open: 8 and older (under 8 must be with a parent/guardian).

8-10 year olds must have a parent/guardian in the building.

Parent/Child Play Time – Parents must stay in gym and supervise their children.

WEST SEATTLE YMCA

4515 36th Ave SW, Seattle 98126

P 206 935 6000 F 206 938 1676

Everyone is welcome. Financial assistance is available. The YMCA of Greater Seattle

strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.