



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A NEW SEASON OF ADVENTURES

Y Adventure Guides UNIVERSITY FAMILY YMCA

WHAT IS Y GUIDES?

The Adventure Guides program is a parent-child program designed to help families foster a lifetime of understanding and active engagement. Activities support one-on-one interactions between a parent and a child. Parent-child pairs have the option to participate in these activities each month with other pairs in a circle. In addition, the Expedition hosts events throughout the year such as campouts, the Pinewood Derby Races, and more!

SCHEDULE OF ADVENTURES

FALL

Zoo Overnight November 12-13

Join us for an exciting look at the zoo after hours. Through guided tours in the evening and early morning, you will get the inside scoop on our animals from our amazing education staff members.

WINTER

Thunderbird Hockey January 29, 5:05

Come see the action at the ShoWare Center in Kent when the Seattle Thunderbirds play the Kelowna Rockets! Tickets can be picked up at an Eastside YMCA or mailed to you directly.

Sweetheart Dance February 17 or 18, 6-10pm

The Sweetheart Dance is the perfect opportunity for Dads to take their daughters out for a night on the town. Valentine's Day themed, a DJ will play music so you and your daughter can get jiggy with it. The Hotel Deca will host the event in their Glamorous Ballroom and a delicious dinner will be provided.

The Firs Campout March 9-11

You and your child will have an unbelievable time at the Firs! Located next door to Mt. Baker, the group will participate in skiing, snow tubing and all around Winter fun.

Pinewood Derby April 1

Children are invited to make the coolest, fastest car they can imagine and then race it against their friends in Y Guides. Parents and Children are both asked to register for this free event.



SPRING

Science Center Overnight April 20

Imagine roaming the exhibit halls after everyone else has gone home, falling asleep beneath a Tyrannosaurus Rex and awakening to a laser light show and IMAX film. You'll enjoy a private, after hours experience where you can explore everything Pacific Science Center has to offer, including a hands-on science workshop, live stage show and planetarium show presented by enthusiastic, knowledgeable and entertaining education staff. This will be a night to remember!

Camp Seymour May 18-20

You and your child will have a great time at Camp Seymour! Take part in activities such as swimming, canoeing, climbing, archery, visit the reptile zoo, and our traditional Saturday night campfire.

Camp Colman June 1-3 & June 8-10

You and your child will have a great time at Camp Colman! Take part in activities such as rowing, climbing, archery, the giant swing, and our traditional Saturday night campfire.

UNIVERSITY FAMILY YMCA

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Everyone is welcome. Financial assistance is available. The YMCA of Greater Seattle strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.

