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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

IMPACT STORY

Alyssa's last year involved 2 different surgeries, 14 weeks of being in a wheelchair, 8 different sets of casts on both legs and a lot of time away from her friends and favorite activities.

One of those favorite activities is the Northshore Y Swim Team. She competed in our first home meet and we are excited that she can swim in our meet this weekend again!

Alyssa was at the surgeons office yesterday for a follow up visit. She still has a lot of work ahead, but her doctor said that she is progressing beautifully!



"I share this with you because...I want to thank you! Thank you for giving Alyssa a spot on this team. It's been vital for her physical stamina, but I'm seeing for the first time that it's also been a vital part of her self-esteem."

"It was her confidence that I wish I could have captured for you to see"

"I've never heard her talk so much about how good she feels when she swims, how she really likes the coaches, how the kids are nice...etc., etc. It was right then that I realized this is a great thing that she can say she's a part of!"

**BE A PART OF THE STORY.
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