



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TECHNOLOGY 101 FOR ADULTS

## Internet Essentials



### GO FROM NOVICE TO KNOWLEDGABLE!

This 90-minute workshop will focus on how the Internet can help you, how to protect your personal information, and how to keep your family safe online!

**WHERE:** Cleveland High School

**WHEN:** November 17th from 6:00 PM to 7:30 PM

**RSVP:** [bgordon@seattleyymca.org](mailto:bgordon@seattleyymca.org)