



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINING TEAM

Youth Worker Training, Facilitation & Capacity Building METROCENTER YMCA

Take Your Programming to the Next Level

We are about changing lives for the better and making a difference everyday. Metrocenter YMCA provides a full spectrum of programming including leadership, service learning, education and career development; and we work with a broad cross section of young people. Always innovative, Y programs continue to evolve—and the expertise and collective knowledge at Metrocenter YMCA continues to grow. Our staff training team has real life experience dealing with the joys and challenges of youth work, and we are committed to sharing our knowledge with other adults who work with teens and young adults.

We view participation in our training and workshops as a means to a greater end. We are passionate about our quest to nurture the potential of teens and young adults, improve health and well-being, and motivate people to support their neighbors and the larger community.

Pricing is based on customizable trainings and workshops.

For more information or to set up an initial consultation, contact Jessica Paul Werner at 206 382 4360 or jpaul@seattleyymca.org

AVAILABLE WORKSHOPS

- Positive Youth Development
- Developmental Assets
- Service Learning
- Civic Engagement
- Cultural Competency
- Outdoor Adventure
- Teen Abuse Prevention
- Environmental Education
- Leadership Development
- Team & Group Building
- Youth Violence Prevention
- Media Literacy

METROCENTER YMCA

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Everyone is welcome. Financial assistance is available. The YMCA of Greater Seattle strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.