



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BASKETBALL COURT SCHEDULE

March 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:15-7:00am Total Strength		6:15-7:00am Total Strength		<i>*March 31st Gym Closed 8am-2pm for Pinewood Derby</i>	
9am-12:00pm Kids Gym (East) Open Gym (West)	9:30-10:30 Tumbling Tots (East and West)	9am-12:00pm Kids Gym (East) Open Gym (West)	9:45-10:45am Personal Training		10:05-11:00am Total Body Conditioning	10:30- 11:30am Zumba
						2-3:30pm ACT! (West)
2:15-3:15 Northwest School Basketball		2:00-3:00pm LWGMS PE		2:00-3:00pm Valley School/ LWGMS PE		2pm-4pm Volleyball (East)
<i>*March 19th 4-6pm West side closed for a birthday party</i>	3:45-5pm LWGMS Basketball		3:45-5pm LWGMS Basketball	3pm-9pm Youth Sports Basketball Games-ends March 2nd		
			4pm-7pm Youth Sports Basketball-ends March 1st			
	7:30-8:30pm Small Group Training		7:30-8:30pm Small Group Training			
	7:30-8:30 Zumba			<i>March 30th Gym Closed -9pm for Pinewood Derby</i>		
GYM closes at 8:45pm	GYM closes at 8:45pm	GYM closes at 8:45pm	GYM closes at 8:45pm	GYM closes at 8:45pm	GYM closes at 4:45pm	GYM closes at 4:45pm