



GYMNASIUM

Room Schedule: January 1 - March 31, 2012

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY							
	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2	COURT 1	COURT 2						
5:00	[Greyed out]		Basketball 5:00 - 7:00		Basketball 5:00 - 6:55		Basketball 5:00 - 7:00		Basketball 5:00 - 6:55		Basketball 5:00 - 7:00		[Greyed out]							
6:00																				
6:30																				
7:00			Results Boot Camp* 7:00-8:00		Open Court 7:00-9:25		Result Boot Camp* 7:00-8:00		Open Court 7:00-9:25		Open Court 7:00-9:45									
7:30																				
8:00	Open Court 8:00 - 10:00		Open Court 8:00-9:45		Family Circuit 9:30 - 10:30 Lisa		Open Court 9:30 - 11:00		AOA Land 10:00 - 11:00 (Zita)		Body Blast 8:15-8:45		Family Gym 8:00 - 9:00							
8:30																				
9:00											Zumba 8:45 - 9:45 (Rene/Nancy)									
9:30																				
10:00	Basketball 18+ 10:00 - 12:00		AOA Land 10:00 - 11:00 (Zita)		Basketball 11:15 am - 1:20 pm 18+		Family Circuit 9:30 - 10:30 Lisa		Open Court 9:30 - 11:00		AOA Land 10:00 - 11:00 Zita		Youth Sports* 10:00 - 5:00							
10:30																				
11:00																				
11:30																				
NOON																				
12:30	Open Court 12:00 - 6:00		Teen B-Ball 13 - 18 yrs 12:00 - 2:00		Home Zone* 1:20 - 3:30		Homezone* 2:00-4:15		AOA Volleyball 1:30 - 3:30		Open Court 1:20 - 3:50		Home Zone* 1:20 - 3:30							
1:00											Open Court 2:00 - 6:00									
1:30															Open Gym 3:30 - 4:15		Youth Sports* 4:00 - 6:45		Open Court 3:30 - 6:45	
2:00																				
2:30	Open Court 3:30 - 5:20		Open Court 4:20 - 8:00		Youth Sports* 4:00-8:00															
3:00																				
3:30	1/4 of Gym Basketball Clinics* 4:00 - 6:00						Youth Gymnastics* 4:20 - 6:50		Zumba 5:30 - 6:30 (Emily)											
4:00																				
4:30			[Greyed out]		Zumba 7:00 - 8:00 (Nancy)		Zumba 7:00 - 8:00 (Rene)				Open Court 6:30 - 10:00		Family Gym** 6:45 - 8:00							
5:00																				
5:30																				
6:00																				
6:30	[Greyed out]		Co-Ed Basketball Under 18 8:00 - 10:00		Co-Ed Basketball Under 18 8:00 - 10:00		Co-Ed Basketball 18+ 8:00 - 10:00		Co-Ed Basketball 18+ 8:00 - 10:00		Co-Ed Basketball 16+ 8:00 - 10:00		Co-Ed Basketball 16+ 8:00 - 10:00							
7:00																				
7:30																				
8:00																				
8:30	[Greyed out]		Co-Ed Basketball Under 18 8:00 - 10:00		Co-Ed Basketball Under 18 8:00 - 10:00		Co-Ed Basketball 18+ 8:00 - 10:00		Co-Ed Basketball 16+ 8:00 - 10:00		Co-Ed Basketball 16+ 8:00 - 10:00		Co-Ed Basketball 16+ 8:00 - 10:00							
9:00																				
9:30																				
10:00																				

*Fee based programs

** 3rd and 4th Fridays of the month are reserved for Family Programs.