



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# WHERE KIDS BELONG

## Childwatch: Adventure Zone & Kids' Corner

### Policies & Procedures

We would like to take this opportunity to welcome you and your child to our YMCA Childwatch program. Please take a few moments to read through this information to familiarize yourself with our procedures and policies. The Bellevue Family YMCA provides **unlicensed drop-in care** so the children of all Family Memberships have a safe and happy environment to play in while parents workout in the facility.

- 2 hours of babysitting per day are included with a Family Membership. Use your hours anytime of the day.
- Those with an Adult Membership or Guests that wish to utilize the Childwatch will need to pay \$5 per child and , then bring the receipt to the staff.
- Maximum stay in the Childwatch is 2 hours for each visit.
- Peak hours in the Childwatch are Monday-Wednesday, 9:30-11:00 am and Saturday, 10:00-11:30 am. There may be a wait; staff will call your child's name when there is space available.

### HOURS

Monday - Friday 9:15 am - 12:15 pm, 4:00 - 8:30 pm

Saturday 8:00 am - 12:30 pm

Sunday 9:00 am - 12:30 pm

### SAFETY MEASURES

- Kids Corner and Adventure Zone are unlicensed programs, however we strive to adhere to the ratios of 1:5 under 3 years and 1:15 over 3 years.
- We have registration forms in the event of an emergency. If this is your first time or if we do not have cards for you, please fill out a registration form. Please notify the staff if your child has allergies or needs special accommodations.
- Staff members have had a criminal background check completed by the Washington State Patrol.
- Staff in Childwatch are trained and certified in adult/infant/child CPR, First Aid, and Child Abuse Prevention.

### CHECK-IN/OUT REQUIREMENTS

- All children need an authorized adult to sign them in and out of the Kids Corner and Adventure Zone.
- Only the authorized adult that signed the child in may sign the child out, unless staff are notified on the sign in sheet.

### GENERAL GUIDELINES

- Socks are required.
- If your child is ill with cough, fever, diarrhea or any visible flu-like symptoms, please do not bring them to our Childwatch areas.
- You may bring healthy snacks for your children to have while they are in our care. Please no food items that may contain even a trace of peanuts.
- Please **label everything** (pacifiers, snacks, bottles, etc.)
- Please do not allow children to bring in their own toys from home other than (labeled) comfort items.
- Parents need to come and get their children right away when summoned by staff.



## **BATHROOM PROCEDURES**

When a child is toilet trained, the staff will walk him/her to the bathroom and wait at the door to the bathroom until the child is finished. We make sure hands are washed and walk the child back to Kids' Corner or Adventure Zone. If your child needs help with toileting, we will ask the parent to come and help. Please diaper your children in the restroom and dispose of diapers in the pail provided.

## **BEHAVIOR MANAGEMENT**

We want to make sure all children at the Y have a positive atmosphere that is safe and inclusive. We do our best to redirect misbehavior. If a child hits or bites, we will ask the parent to remove them from our program.

## **Frequently Asked Questions**

**Q.** "How long can my children stay in the Kids Corner/Adventure Zone?"

**A.** Maximum usage time is 2 hours.

**Q.** "What do you do if my child is fussy or crying for long periods of time?"

**A.** Staff will engage your child in activity and play with toys. If after 10 minutes we are unable to console your child, we will page you.

**Q.** "What are the safety precautions you take to make sure I am the only one who picks up my child?"

**A.** All parents are required to sign in their child and must also sign out with a staff member prior to leaving with a child. In case of an emergency, no one other than the parent may leave with a child unless parents have listed them on the child's information card.

**Q.** "What if I work out beyond my 2 hours?"

**A.** We will page the parent to pick up the child.

**Q.** "What if I have ideas or suggestions to improve the Kids Corner/Adventure Zone operations?"

**A.** Do not hesitate to speak directly with the Family Program Director.

**Q.** "Can YMCA staff babysit in my home?"

**A.** We appreciate the relationships formed between staff and families. However, YMCA staff is NOT allowed to babysit YMCA children outside of the YMCA program.

**Q.** "Is this a licensed program?"

**A.** No, this is unlicensed drop-in babysitting. It is not designed to act as a childcare facility while parents are engaged in employment. We do however, follow Washington State guidelines for unlicensed drop-in babysitting facilities.

### **BELLEVUE FAMILY YMCA**

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**Everyone is welcome. Financial assistance is available.** The **YMCA of Greater Seattle** strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.