



**FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FACT SHEET

YMCA OF GREATER SEATTLE

2010 Year in Review

The YMCA of Greater Seattle is the Pacific Northwest's leading nonprofit organization strengthening community through youth development, healthy living and social responsibility. The mission of the Y is to build a community where all people, especially the young, are encouraged to develop their fullest potential in spirit, mind and body.

YOUTH DEVELOPMENT

- Through the Y, children, teens and young adults of all socio-economic backgrounds develop the character traits and skills essential for success.
- Kids learn, grow and thrive through before and after school child care and overnight and summer day camp. Teens benefit from youth sports, academic enrichment and leadership training.
- Young adults are strongly supported in pursuing post-secondary education goals and exploring career options through internships and training programs.

HEALTHY LIVING

- People of all ages and abilities improve their health and well-being through a wide variety of group exercise classes and state-of-the-art equipment, nutrition consultations and guidance from trained lifestyle coaches.
- Families build healthy lifestyles together through parent/child programs and other recreational activities and events.
- Children and adults at risk of chronic diseases and conditions like diabetes and obesity find the guidance and support they need to establish healthy behaviors.

SOCIAL RESPONSIBILITY

- Financial assistance empowers our neighbors to pursue their potential through Y programs like summer camp, facility membership and child care.
- The Y listens and responds to critical social needs; for example, the Alive & Free program mobilizes youth and adults to prevent youth violence.
- Hundreds of volunteer opportunities with the Y, such as coaching, fundraising and ESL instruction, connect diverse groups of people.
- Community members gain global awareness through cultural exchange opportunities, service learning and global leadership training.

Everyone is welcome. Financial assistance is available. The **YMCA of Greater Seattle** strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.

YMCA OF GREATER SEATTLE

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Quick Facts

STRENGTHENING COMMUNITY

Facility Members & Participants: 190,755

Children and Teens: 74,598 (39%)

Females: 102,503 (54%)

Older Adults: 28,059 (15%)

MEMBER ENGAGEMENT

Facility Members: 132,416

Financially Assisted: 48,994 (37%)

VOLUNTEER INVOLVEMENT

Volunteers: 9,863

Volunteer Hours: 211,385

FINANCIAL STEWARDSHIP

Operating Revenue: \$59.8M

COMMUNITY SUPPORT

Free or subsidized services provided: \$19M

Community philanthropy: \$7M

Donors: 12,000

Government subsidy: \$11M

BRANCHES

Auburn Valley, Bellevue Family, Coal Creek Family, Dale Turner Family, Downtown Seattle, Matt Griffin, Meredith Mathews East Madison, Metrocenter, Northshore, Sammamish Family, University Family and West Seattle & Fautleroy

OVERNIGHT CAMPS

YMCA Camp Colman and YMCA Camp Orkila